THE DAY OF YOUR PROCEDURE:

ONE WEEK BEFORE YOUR PROCEDURE:

- If you are taking Clopidogrel (Plavix) contact your physician about stopping or taking an alternative medication. **You need to be off of these medications beginning 7 days before your procedure.**
- If you are taking ION or any vitamin supplements containing ION, **stop these 5 days** before your appointment.
- If you are taking Warfarin (Coumadin), contact your physician about stopping or taking an alternative medication. **You need to be off of these medications beginning 4 days before your procedure.**

THE DAY OF YOUR PROCEDURE:

- Do not eat or drink anything for at least 6 hours before your arrival time. If your procedure is in the morning, do not have anything to eat or drink after midnight. If your procedure is in the afternoon, you may have clear liquids up to 6 hours before the procedure time. After that point you should have nothing to eat or drink.
  - See reverse side for additional information-
THE DAY OF YOUR PROCEDURE (continued):

- You may continue all of your regular medications (with the exception of any blood thinners mentioned on reverse side) per usual. Take them with a small sip of water if you need to take them less than four hours before your procedure.
- If you are diabetic and using insulin, please reduce by half your morning dose of long acting insulin on the day of the procedure. If you have further questions or concerns about your insulin management please contact your primary care provider for further instructions.

Note: Please discard these instructions after your procedure. We frequently update our prep instructions, and will be happy to provide you with the latest version if you should need them in the future.