

Utah  
Parent  
Center

# UTAH'S DISABILITY RESOURCE BOOK

*Created by the Utah Parent Center*

**JUNE 17, 2009**

*Updated versions of this book can be downloaded online by visiting: [www.utahparentcenter.org](http://www.utahparentcenter.org).*

*Please send updates to this book to Robyn Chidester at the Utah Parent Center; [robync@utahparentcenter.org](mailto:robync@utahparentcenter.org).*



## UTAH PARENT CENTER INFORMATION DISCLAIMER

*Our mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.*

*The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M020032. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors.*

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### **211 UTAH INFORMATION AND REFERRAL CENTER**

**Address:** 1025 South 700 West  
Salt Lake City, UT 84104

**Phone:** 211

**Toll-free:** (888) 826-9790

**Website:** [www.informationandreferral.org](http://www.informationandreferral.org)

**Purpose:** 211 Info Bank, a program of Community Services Council, is a free information and referral line for health, human, and community services. 211 provides information and referral on topics such as emergency food pantries, rental assistance, public health clinics, childcare resources, support groups, legal aid, and a variety of non-profit, governmental agencies.

### **ACCESS UTAH NETWORK**

**Address:** 155 South 300 West, Suite 100  
Salt Lake City, UT 84101

**Phone:** (801) 533-4636

**Toll-free:** (800) 333-8824

**Website:** [www.accessut.org](http://www.accessut.org)

**Purpose:** Access Utah Network is a statewide information and referral service providing information on issues related to people with disabilities. Information is disseminated primarily via telephone. On their website, you can find information on disability-related events, services, and products.

### **ACCESSIBLE HOMES FOUNDATION (AHF)**

**Address:** P.O. Box 26383  
Salt Lake City, UT 84126

**Phone:** (801) 969-8475

**Phone:** (801) 696-8124

**Website:** [www.accesshomes.org](http://www.accesshomes.org)

**Purpose:** The AHF is dedicated to promoting the development of accessible homes for people with disabilities, educating home builders and the public on the need for accessible housing, specifying criteria for accessible homes, listing accessible homes for sale or rent, providing referrals to other agencies as needed, and planning to assist low income persons with disabilities to have a home to meet their needs.

**AGING AND ADULT SERVICES, DIVISION OF**

**Address:** 120 North 200 West, Room 325  
Salt Lake City, UT 84103

**Phone:** (801) 538-3910

**Toll-free:** (877) 424-4640

**Website:** [www.hsdags.ut.gov](http://www.hsdags.ut.gov)

**Purpose:** The Division administers the Adult Protective Services program to protect seniors and adults with disabilities from abuse, neglect, or exploitation. Adult Protective Services workers provide services designed to assist victims.

**ALEXANDER GRAHAM BELL ASSOCIATION FOR THE DEAF AND HARD OF HEARING - UTAH CHAPTER**

**Address:** 998 West 1930 North  
Pleasant Grove, UT 84062

**Phone:** (801) 785-5997

**Website:** [www.agbell-utah.org](http://www.agbell-utah.org)

**Purpose:** The AG Bell Association for the Deaf and Hard of Hearing is the world's oldest and largest membership organization promoting the use of spoken language by children and adults with hearing loss. Members include parents of children with hearing loss, adults who are deaf or hard of hearing, and professionals in fields related to hearing loss and deafness. Through advocacy, publications, financial aid, and scholarships, and numerous programs and services, AB Bell promotes its mission: Advocating independence through Listening and Talking!

**ALLIES WITH FAMILIES**

**Address:** 124 South 400 East, #250  
Salt Lake City, UT 84111

**Phone:** (801) 433-2595

**Fax:** (801) 521-0872

**Website:** [www.allieswithfamilies.org](http://www.allieswithfamilies.org)

**Purpose:** Allies with Families, the Utah Chapter of the Federation of Families for Children's Mental Health was created in 1991 to offer practical support and resources for parents and their children and youth who face serious emotional, behavioral, and mental health challenges.

### THE ARC OF UTAH

**Address:** 155 South 300 West, Suite 201  
Salt Lake City, UT 84101

**Phone:** (801) 364-5060

**Toll-free:** (800) 371-5060

**Website:** [www.arcutah.org](http://www.arcutah.org)

**Purpose:** The Arc of Utah is an advocacy organization that empowers people with intellectual disabilities and their families to fully engage in their communities. The Arc provides resource referral as well as services to people with intellectual and related developmental disabilities, including an educational program (Empower Education), free computers to eligible individuals (Connections Thru Computers) and a holiday gift program (The Arc Gift Box). The Arc assists families with public policy advocacy, financial and estate planning (Special Needs Pooled Trust), a multi-topic training program (Bridge to the Future) and respite referral service (Respite Pool).

### ASSIST, INC.

**Address:** 218 East 500 South  
Salt Lake City, UT 84111

**Phone:** (801) 355-7085

**Purpose:** Accessibility design for home modifications.

### AUTISM COUNCIL OF UTAH

**Address:** P.O. Box 1931  
West Jordan, UT 84088

**Phone:** (801) 913-6203

**Website:** [www.autismcouncilofutah.org](http://www.autismcouncilofutah.org)

**Purpose:** The Autism Council of Utah is an independent council working to foster collaboration, communication, and learning among families and agencies by supporting statewide partnerships to collaborate on resources, research, and training.

### **AUTISM DIAGNOSTIC CLINIC**

**Address:** 650 Komas Drive, Suite 208  
Salt Lake City, UT 84108

**Phone:** (801) 585-1212

**Website:** <http://healthcare.utah.edu/uni/services/youth/index.html>

**Purpose:** The Autism Diagnostic Clinic at the University of Utah specializes in evaluations of autism spectrum disorders (autism, Asperger Syndrome, Pervasive Developmental Disorders). The clinic is staffed by Judith Miller, PhD (psychologist), Deborah Bilder, MD (psychiatrist and pediatrician), and Leslie Speer, PhD (school psychologist). We offer comprehensive autism spectrum diagnostic evaluations, which involve the Autism Diagnostic Observation Schedule (ADOS) and Autism Diagnostic Interview (ADI). When indicated, we provide psychiatric consultation coinciding with the psychological evaluation. We see individuals of all ages, from toddlers through adults, and individuals of any functioning level from very severe to very mild. We also specialize in the more complicated cases of ASD, which sometimes involves other medical or psychiatric issues.

### **AUTISM INFORMATION RESOURCES AT THE UTAH PARENT CENTER (FORMERLY THE AUTISM SOCIETY OF UTAH)**

**Address:** 2290 East 4500 South, Suite 110  
Salt Lake City, UT 84117-4428

**Phone:** (801) 272-1051

**Toll-free:** (800) 468-1160

**Website:** [www.utahparentcenter.org](http://www.utahparentcenter.org)

**Purpose:** The Autism Information Resources at the Utah Parent Center provides information, referral and trainings to families and professionals who live and work with individuals with autism and autism spectrum disorders, such as Aspergers. They also have resource lists for various topics relating to Autism Spectrum Disorders.

### **BABY WATCH EARLY INTERVENTION - UTAH DEPARTMENT OF HEALTH**

**Address:** 44 North Medical Drive  
P.O. Box 144720  
Salt Lake City, UT 84114-4720

**Phone:** (801) 584-8201

**Toll-free:** (800) 961-4226

**Website:** [www.utahbabywatch.org](http://www.utahbabywatch.org)

**Purpose:** This program provides early identification and developmental services for families of infants and toddlers, birth to age three. There are 16 local programs in the state of Utah that provide these Early Intervention services. A list of service providers and locations can be downloaded by visiting their website.

### **BEST BUDDIES**

**Address:** 3333 South 900 East, #115  
Salt Lake City, UT 84106

**Phone:** (801) 468-1200

**Website:** [www.bestbuddiesutah.org](http://www.bestbuddiesutah.org)

**Purpose:** Changing the world one friendship at a time. Through Best Buddies, individuals with intellectual disabilities receive improved socialization skills that lead to securing rewarding jobs, living independently, and most importantly, making life changing friendships.

### **BIG MAKs (MOMS OF AUTISTIC KIDS)**

**Phone:** (801) 944-1729

**Purpose:** MAK's is dedicated to giving and offering support to other mothers of children with Autism Spectrum Disorders. They have a support group and a play group that meet weekly in the summer and occasionally throughout the year. They also have a lot of fun stuff to buy!

### **BLIND AND VISUALLY IMPAIRED, DIVISION OF SERVICES FOR**

**Address:** 250 North 1950 West, Suite B  
Salt Lake City, UT 84116-7902

**Phone:** (801) 323-4343

**Purpose:** The DSBVI has developed programs to help meet the needs of Utah citizens who are blind or have significant visual impairments. In addition to providing vocational rehabilitation services, DSBVI offers other services including. These services are provided to individuals at the Center for the Blind and in the community statewide.

### **BRAIN INJURY ASSOCIATION OF UTAH, INC.**

**Address:** 1800 South West Temple, Suite 203  
Salt Lake City, UT 84115

**Phone:** (801) 484-2240

**Toll-free:** (800) 281-8442

**Website:** [www.biau.org](http://www.biau.org)

**Purpose:** This Association is the only non-profit organization dedicated exclusively to education and support for the issues of prevention and recovery of brain injury in the state of Utah.

### **CANINE COMPANIONS FOR INDEPENDENCE**

**Phone:** (760) 901-4300

**Website:** [www.cci.org](http://www.cci.org)

**Purpose:** The Mission of Canine Companions for Independence is to enhance the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

### **CARMEN B. PINGREE SCHOOL FOR CHILDREN WITH AUTISM (PRIVATE SCHOOL)**

**Address:** 780 S. Guardsman Way  
Salt Lake City, UT 84108

**Phone:** (801) 581-0194

**Website:** [www.carmenbpingree.com](http://www.carmenbpingree.com)

**Purpose:** The mission of the Carmen B. Pingree School for Children with Autism is to provide comprehensive treatment, education, and related services for children with autism and their families. They use and develop best practices, validated by research, while treating students and their families with dignity and respect. They partner with families, universities, service agencies, the government and our community to assist and lift those affected by autism, its causes and eventual cure.

### **CARSON SMITH SPECIAL NEEDS SCHOLARSHIP**

**Website:** [www.carsonsmithscholarship.org](http://www.carsonsmithscholarship.org)

**Purpose:** A state funded program, administered through the Utah State Office of Education, which provides eligible students with special needs tuition assistance for private school.

### **C.A.S.T. FOR KIDS**

**Phone:** (801) 524-3664

**Website:** [www.castforkids.org](http://www.castforkids.org)

**Purpose:** C.A.S.T. for kids was formed in 1991 to join volunteers who love to fish with disabled and disadvantaged children for a day of fishing in the outdoors. People can leave their problems on the shore for a day of fun on the water!

### **CENTER FOR PERSONS WITH DISABILITIES – UTAH STATE UNIVERSITY**

**Address:** 6800 Old Main Hill  
Logan, UT 84322-6800

**Phone:** (435) 797-1981

**Toll-free:** (866) 284-2821

**Website:** [www.cpd.usu.edu](http://www.cpd.usu.edu)

**Purpose:** It is their vision that individuals and their family members exercise independence and self-determination across their lifespan as communities support full participation and informed choices. They also focus on education and awareness of Americans with Disabilities Act (ADA), targeting businesses, community organizations, and individuals.

### CENTRAL UTAH CENTER FOR INDEPENDENT LIVING

**Address:** 491 North Freedom Blvd.  
Provo, UT 84601

**Phone:** (801) 466-5565 (Voice)  
(801) 466-9910 (TTY)

**Website:** [www.cucil.org](http://www.cucil.org)

**Purpose:** To assist persons with disabilities in achieving greater independence by providing services and activities which enhance independent living skills and promote the public understanding, accommodation and acceptance of their rights, needs and abilities.

### CEREBRAL PALSY OF UTAH DBA FOUNDATIONS FOR INDEPENDENCE

**Street Address:**

3550 South 700 West  
West Valley City, UT 84119

**Phone:** (801) 266-1805

**Website:** [www.ffiutah.org](http://www.ffiutah.org)

**Purpose:** The mission of Cerebral Palsy of Utah is to advance the independence, productivity, and full citizenship for people with disabilities.

### CHADD OF UTAH

**Phone:** (801) 537-7878 (voice mail)  
(801) 789-3952 – Melanie Hatch

**Website:** [www.chaddofutah.com](http://www.chaddofutah.com)

**Purpose:** CHADD is an all-volunteer organization dedicated to be your source on AD/HD issues! (CHADD = Children and Adults with Attention Deficit/Hyperactivity Disorder)

### CHILD, ADOLESCENT, AND ADULT BEHAVIORAL HEALTH CLINIC

**ADDRESS:** 650 KOMAS DRIVE, SUITE 208  
SALT LAKE CITY, UT 84108

**Phone:** (801) 585-1212

**Website:** <http://healthcare.utah.edu/uni/services/youth/index.html>

**Purpose:** The Child, Adolescent, and Adult Behavioral Health Clinic also offers various forms of treatment for ASDs , including individual and family therapy, parent education/consultation, education regarding parents rights in the schools, classroom observations and support, behavior management, social skills, anxiety management, and sibling support/education.

### **CHILD AND FAMILY SERVICES, DIVISION OF**

**Address:** State Department of Human Services  
120 North 200 West, #225  
Salt Lake City, UT 84103

**Phone:** (801) 538-4100

**Purpose:** Provide social services to people who meet eligibility requirements; responsible for programs for families, adults, and children.

### **CHILD CARE RESOURCE AND REFERRAL METRO**

**Phone:** (801) 355-HUGS

**Toll-free:** (866) 438-4847

**Website:** [www.cssutah.org](http://www.cssutah.org), Click on the Child Care Resource & Referral tab

**Purpose:** To connect families to child care. Serves Salt Lake and Tooele Counties and can connect you to Child Care Resource and Referral throughout Utah.

### **CHILDREN WITH SPECIAL HEALTH CARE NEEDS, BUREAU OF**

**Address:** Utah Department of Health  
Division of Community and Family Health Services  
44 North Medical Drive

**Mailing Address:**

P.O. Box 144610  
Salt Lake City, UT 84114-4610

**Phone:** (801) 584-8284

**Toll-free:** (800) 829-8200

**Website:** <http://health.utah.gov/cshcn>

**Purpose:** To improve the health and functional status of all children in Utah with Special Health Care needs by assuring access to comprehensive, coordinated, and quality care that is family-centered and community-based.

### **COMMON GROUND OUTDOOR ADVENTURES**

**Address:** 355 North 100 East  
Logan, UT 84321

**Phone:** (435) 713-0288

**Website:** [www.cgadventures.org](http://www.cgadventures.org)

**Purpose:** Common Ground Outdoor Adventures' mission is to provide affordable and accessible recreational opportunities for youth and adults with disabilities in Northern Utah.

### COMMUNITY AND FAMILY HEALTH SERVICES, DIVISION OF

**Mailing Address:**

Box 142001  
Salt Lake City, UT 84114-2001

**Phone:** (801) 538-6161

**Purpose:** CFHS provides services that are related to health promotion, maternal and child health, and services for children with special health care needs.

### COMPUTER CENTER FOR CITIZENS WITH DISABILITIES

**Address:** 1595 West 500 South  
Salt Lake City, UT 84104

**Phone:** (801) 887-9380

**Toll-free:** (888) 866-5550

**Purpose:** To help improve the lives of children and adults with disabilities by introducing them to the ways in which microcomputer technology can enhance their jobs, careers, and education.

### COURAGE REINS – THERAPEUTIC RIDING CENTER

**Address:** 5870 West 10400 North  
Highland, UT 84003

**Phone:** (801) 756-8900

**Website:** [www.couragereins.org](http://www.couragereins.org)

**Purpose:** The Mission of Courage Reins is to improve the quality of life for people with disabilities. Through therapeutic horseback riding and other equine based activities, we provide a safe, fun, and challenging setting for physical, cognitive, social, and emotional growth.

### CTA - COMMUNITY SUPPORTS

**Address:** 4444 South 7000 East, #203  
Salt Lake City, UT 84107

**Phone:** (801) 268-4887

**Toll-free:** (888) 268-4887

**Purpose:** CTA is a private non-profit organization that provides support for people with autism and their families and helps promote community acceptance. They provide residential support, day support, and family support.

**DDI VANTAGE EARLY INTERVENTION PROGRAM**

**Address:** 535 East 4500 South #D 140  
Salt Lake City, UT 84107

**Phone:** (801) 266-3939, ext 0 for Operator

**Website:** [www.ddivantage.com](http://www.ddivantage.com)

**Purpose:** DDI Vantage Early Intervention Program serves children under the age of 3 who have developmental delays and disabilities.

**DEAF AND HARD OF HEARING, DIVISION OF SERVICES FOR**

**Address:** 5709 South 1500 West  
Salt Lake City, UT 84123

**Phone:** (801) 263-4861 (Voice)

**Phone:** (801) 263-4860 (TTY)

**Toll-free:** (800) 860-4860 (Voice and TTY)

**Website:** [www.deafservices.utah.gov](http://www.deafservices.utah.gov)

**Purpose:** An organization through which the general welfare of the deaf and hard of hearing can be improved.

**DIRECTIONAL DESIGN – CLOTHING ADJUSTMENTS FOR PEOPLE WITH DISABILITIES**

**Anna Rafferty**

**Phone:** (435) 678-3409

**Email:** [raffertya@frontiernet.net](mailto:raffertya@frontiernet.net)

**DISABILITY LAW CENTER**

**Address:** 205 North 400 West  
Salt Lake City, UT 84103

**Phone:** (801) 363-1347

**Toll-free:** (800) 662-9080

**Website:** [www.disabilitylawcenter.org](http://www.disabilitylawcenter.org)

**Purpose:** The Disability Law Center is a private, non-profit organization designated by the Governor to protect the human and civil rights of people with disabilities in Utah through legal advocacy. Their services are statewide and free of charge.

**DISABILITY OUTREACH COMMITTEE (DOC)**

**Phone:** (801) 347-7516

**Purpose:** The Disability Outreach Committee (DOC) serves the Salt Lake Valley focusing on the residents with disabilities of the County Housing Authority.

**DISABILITY RIGHTS ACTION COMMITTEE**

**Address:** 3565 South West Temple, #16  
Salt Lake City, UT 84115

**Phone:** (801) 685-8214

**Purpose:** A non-profit organization committed to expanding and assuring the rights of people with disabilities so they can “boldly go where everyone else has gone before”.

**DISABILITY SUPPORT CENTER FOR FAMILIES**

**Address:** 1574 West 1700 South  
Salt Lake City, UT 84104

**Phone:** (801) 973-0206

**Email:** [disabilitysupport@cpd2.usu.edu](mailto:disabilitysupport@cpd2.usu.edu)

**Purpose:** The Disability Support Center for Families will help you design a plan for your future and find resources including healthcare, medical equipment, respite, food stamps, cash assistance, heating, and more. They can also help you find education, training, and work.

**DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES, (DSPD) ADMINISTRATION OFFICES**

**Address:** 120 North 200 West, Room 411  
Salt Lake City, UT 84103

**Phone:** (801) 538-4200 (Voice) or (801) 538-4192 (TTY)

**Website:** [www.dspd.utah.gov](http://www.dspd.utah.gov)

**Purpose:** They promote opportunities and provide support for persons with disabilities to lead self-determined lives. They oversee home and community-based services for more than 4,000 people who have disabilities. Support includes: community living, day services, supported employment services, and support for people with disabilities and their families.

**DOWN SYNDROME – SEE UTAH DOWN SYNDROME FOUNDATION**

**EARLY INTERVENTION SERVICES – SEE BABY WATCH EARLY INTERVENTION PROVIDERS**

### EASTER SEALS – P.L.A.Y. PROJECT

**Address:** 6754 Oquirrh Ridge Road  
West Jordan, UT 84084

**Phone:** (801) 633-2767

**Website:** [www.esgw-nrm.easterseals.com](http://www.esgw-nrm.easterseals.com)

**Purpose:** The P.L.A.Y. Project (Play and Language for Autistic Youngsters) is a nationally recognized program that provides in-home training and support for families of children ages 14 months to 6 years with Autism Spectrum Disorders.

### EPILEPSY ASSOCIATION OF UTAH

**Address:** 1995 West 9000 South, Level B  
West Jordan, UT 84088

**Phone:** (801) 566-5949

**Website:** [www.epilepsyut.org](http://www.epilepsyut.org)

**Purpose:** The Epilepsy Association of Utah is dedicated to providing education and support services for individuals and families dealing with the many challenges of epilepsy. Services include: **Support Groups** - Monthly meetings to provide groups education and information as well as emotional support. For information call (801)566-5949 or email [wanda@epilepsyut.org](mailto:wanda@epilepsyut.org) . **Helping Other People with Epilepsy (H.O.P.E.) Mentoring Program** - The program provides trained speakers for community presentations to educate the public and help them understand more about epilepsy and it's effects. The presentations can be tailored to meet the specific needs and requirements of each group. Contact the Epilepsy Association at (801)566-5949 or email [margo@epilepsyut.org](mailto:margo@epilepsyut.org) or [margothurman@comcast.net](mailto:margothurman@comcast.net). **Summer Camp** - Camp is designed to give the kids, age 10 to 18, an opportunity to enjoy the company of others experiencing like concerns. Contact the Epilepsy Association at 801-566-5949 or email [kris@epilepsyut.org](mailto:kris@epilepsyut.org) or [montanorb@yahoo.com](mailto:montanorb@yahoo.com) . **Annual November Epilepsy Conference** - Conference is designed to bring the at-large community of Utah together to discuss and present issues relative to epilepsy. Contact the Epilepsy Association at 801-566-5949 or email [montanorb@yahoo.com](mailto:montanorb@yahoo.com). **CROP - Annual Scrapbooking Fund Raising Event.** Contact the Epilepsy Association at 801-566-5949 or email [kris@epilepsyut.org](mailto:kris@epilepsyut.org). If interested in volunteering with the Epilepsy Association of Utah contact them at 801-566-5949 or email [montanorb@yahoo.com](mailto:montanorb@yahoo.com) .

### FAMILIES FOR EFFECTIVE AUTISM TREATMENT (F.E.A.T.)

**Website:** [www.utahfeat.org](http://www.utahfeat.org)

**Purpose:** To provide education, support, and guidance to Utah Families of children on the autism spectrum and to enhance the community of professionals and educators serving those families.

**FAMILY DISABILITY RESOURCE LIBRARY –**

***CENTER FOR PERSONS WITH DISABILITIES, UTAH STATE UNIVERSITY***

**Address:** 6825 Old Main Hill  
Logan, UT 84322-6825

**Phone:** (435) 797-7022

**Website:** [www.cpd.usu.edu/frl/](http://www.cpd.usu.edu/frl/)

**Purpose:** This library features a collection of over 2,000 books, videos and audio materials containing information for individuals and families of persons with disabilities.

**FAMILY SUPPORT CENTER**

**Website:** [www.familysupportcenter.org](http://www.familysupportcenter.org)

**Midvale Center**

**Address:** 1760 West 4805 South  
Taylorsville, UT 84123

**Phone:** (801) 955-9110

**Sugarhouse Center**

**Address:** 2020 South Lake Street  
Salt Lake City, UT 84105

**Phone:** (801) 487-7778

**Purpose:** Services of the FSC have expanded to include prevention outreach to schools, daycare centers, churches and civic organizations. Extensive efforts in reaching out to Salt Lake County's ethnically diverse communities have brought success, most notably through collaboration such as Midvale Community Building Community Initiative. Services and materials are available in Spanish.

**FAMILY TO FAMILY HEALTH INFORMATION AND EDUCATION CENTER – SEE UTAH FAMILY VOICES**

**FAMILY TO FAMILY NETWORK - A PROGRAM OF DHS/DSPD**

**Address:** 2290 East 4500 South, Suite 110  
Salt Lake City, UT 84117-4428

**Phone:** (801) 272-1051

**Toll-free:** (800) 468-1160

**Website:** [www.utahfamilytofamilynetwork.org](http://www.utahfamilytofamilynetwork.org)

**Purpose:** The Family-to-Family Network (formerly called Family Councils) is a statewide organization that provides education and support to families who have a member with a disability. There is a network of local support groups who meet regularly and locally. Call the number above to find a group in your area.

**FEATHER TOUCH AQUATIC THERAPY/SWIM**

**Phone:** (801) 209-1521

**Email:** [lizcairo@xmission.com](mailto:lizcairo@xmission.com)

**Purpose:** The purpose of Feather Touch is to meet each individual's needs in a water-based environment through techniques like: Cranial Sacral in the water, Feldenkrais in the water, Bad Ragaz, Ashton Patterning, Hollowick, and a variety of techniques from the Aquatic Therapy Rehabilitation Institute. Sensory integration, trunk stability and strengthening, fine motor skills, gross motor skills, endurance, and water safety are also all taught.

**FETAL ALCOHOL COALITION, UTAH**

**Phone:** (800) 822-2229 (Pregnancy Risk Line)

**Email:** [jrobertson@utah.gov](mailto:jrobertson@utah.gov)

**Website:** [www.dsamh.utah.gov](http://www.dsamh.utah.gov)

**Purpose:** Fetal Alcohol Spectrum Disorders (FASD) is an umbrella term describing the range of effects that can occur in an individual whose mother drank alcohol during pregnancy. These effects may include: physical, mental, behavioral, and/or learning disabilities with possible lifelong implications. The Coalition is dedication to education and prevention of FAS.

**FIVE P MINUS SOCIETY (5P-)**

**Phone:** (801) 392-2628 – Georgia Richey – [Georgia@richey.cc](mailto:Georgia@richey.cc)

**Website:** [www.fivepminus.org](http://www.fivepminus.org)

**Contact:** Executive Director – Laura Castillo – [lc5pminusociety@aol.com](mailto:lc5pminusociety@aol.com) Toll Free 1-888-970-0777

**Purpose:** To encourage and facilitate communication among families having a child with 5p- Syndrome (Cri-du-chat) and to spread awareness and education of the syndrome to these families and their service providers.

**GUARDIANSHIP ASSOCIATES OF UTAH, INC.**

**Address:** 320 West 200 South, Suite 140-B  
Salt Lake City, UT 84104

**Phone:** (801) 533-0203

**Purpose:** Guardianship Associates serves individuals who have intellectual or related disabilities. They are dedicated to providing guardianship services and information.

**HEALTH INFORMATION, EDUCATION AND SUPPORT – SEE UTAH FAMILY VOICES**

**HEALTH SERVICES, JORDAN SCHOOL DISTRICT**

**Address:** 7501 South 1000 East  
Midvale, UT 84047

**Phone:** (801) 412-2519

**Purpose:** Health Services is dedicated to increasing district awareness of the need for health insurance for all students and promoting and facilitating applications for Medicaid and state health insurance programs for children and adults in Jordan School District.

#### HOME CHOICE

**Address:** 95 W. Golf Course Rd., Suite 104  
Logan, UT 84332

**Phone:** (435) 753-1112

**Purpose:** HomeChoice is a single-family mortgage loan designed to meet the mortgage underwriting needs of people who have disabilities or have family members with disabilities living with them. HomeChoice mortgages offer flexibility in the areas of loan-to-value ratios, down payment sources, qualifying ratios, and the establishment of credit.

#### INFORMATION AND REFERRAL CENTER

**Address:** 1025 South 700 West  
Salt Lake City, UT 84104

**Phone:** (801) 978-3333

**Phone:** 211

**Website:** [www.informationandreferral.org](http://www.informationandreferral.org)

**Purpose:** Comprehensive resource center for information and referral in the area of human services.

#### INTERMOUNTAIN COLLABORATIVE TRANSITION CENTER

**Address:** Virginia Street at Fairfax Road  
Salt Lake City, UT 84103

**Phone:** (801) 536-3523  
(801) 536-3500

**Purpose:** The ICTC is a nonprofit organization that contracts with other agencies and/or individuals to provide transition services for young adults with disabilities age 13 and older. Their mission is to help young adults move into adult health care, access adult services, create opportunities for adult living, and provide resources and education important for independence.

#### ISLAND LEARNING SOLUTIONS, LLC

**Address:** 1817 East Bryan Road  
Erda, UT 84074

**Phone:** (435) 224-2490

**Website:** [www.islandlearningsolutions.com](http://www.islandlearningsolutions.com)

**Purpose:** Island Learning Solutions has created a planner to help families of children with Autism Spectrum Disorders.

### **KIDS ON THE MOVE – EARLY EDUCATION, INTERVENTION AND HEAD START SERVICES**

**Address:** 475 West 260 North  
Orem, UT 84057

**Phone:** (801) 221-9930

**Website:** [www.kotm.org](http://www.kotm.org)

**Purpose:** Kids On The Move is a non-profit organization based in Orem that provides support and services to children and families in Utah County. Kids On The Move serves families with children birth to age three, including families of children with special needs and also low-income families.

### **KIDS WORLD PRESCHOOL**

**Address:** 1328 West Stern Drive  
Taylorsville, UT 84123

**Phone:** (801) 243-4991

**Website:** [www.kidsworldpreschool.org](http://www.kidsworldpreschool.org)

**Purpose:** This unique preschool takes the traditional classroom and customizes learning for every child. Kids World staff works with children of all abilities such as: Autism, PDD, Speech Delays, Down Syndrome, Aspergers, Behavior challenges, Cerebral Palsy, and Developmental Delays.

### **KINDRED SPIRITS**

**Phone:** (801) 232-1430

**Website:** [www.kindredspiritsart.org](http://www.kindredspiritsart.org)

**Purpose:** Kindred Spirits is a community based non-profit inclusive fine arts program designed especially for children with diverse disabilities, their families and their friends. Children without disabilities work side by side those with special needs and each is accompanied by an adult apprentice. Together everyone learns about art and each other.

### **KOSTOPULOS DREAM FOUNDATION/CAMP K**

**Address:** 2500 Emigration Canyon Road  
Salt Lake City, UT 84108

**Phone:** (801) 582-0700

**Website:** [www.campk.org](http://www.campk.org)

**Purpose:** The Kostopulos Dream Foundation provides recreation and leisure opportunities year-round through two main programs, Camp Kostopulos Summer Camp and Community Based Leisure Education program. The community based program runs September through May and applies to kids, teens and adults. Participants participate in community activities such as: bowling, swimming, dining out, tours, the arts, and social events.

### **LEARNING DISABILITIES ASSOCIATION OF UTAH (LDAU)**

**Address:** PO Box 900726  
Sandy, UT 84090

**Phone:** (801) 553-9156

**Website:** [www.ldautah.org](http://www.ldautah.org)

**Purpose:** The Learning Disabilities Association of Utah (LDAU) helps individuals with learning disabilities and those who support them through education, support and advocacy. LDAU is an all-volunteer organization consisting of individuals with learning disabilities, their families, educators and other service professionals.

### **LEGISLATIVE COALITION FOR PEOPLE WITH DISABILITIES (LCPD)**

**Address:** PO Box 120  
Springville, UT 84663-0120

**Website:** [www.lcpdut.org](http://www.lcpdut.org)

**Purpose:** The mission of LCPD is to advocate for public policy affecting all people in the state of Utah who have disabilities.

### **LIAISON FOR INDIVIDUALS NEEDING COORDINATED SERVICES (L.I.N.C.S.)**

**Address:** 5180 South Commerce Drive, Suite P  
Murray, UT 84107

**Phone:** (801) 281-4425

**Toll-free:** (877) 335-4627

**Purpose:** L.I.N.C.S. assists individuals with disabilities, their families, community partners, and pertinent agencies in collaborating as a team to identify, design, and implement services and programs unique to the individual client.

### **MARBLES FOR MIRACLES**

**Phone:** (801) 735-3870

**Website:** [www.marblesformiracles.org](http://www.marblesformiracles.org)

**Purpose:** Marbles for Miracles is a not for profit organization; founded by caring parents and together with the help of the art community; is providing resources for families affected by autism. Their goal is to empower these families by offering sponsorships and discounted rates toward the attendance of seminars and conferences. In the process of helping families, directly affected by autism, they intend to increase public awareness of this epidemic that is overwhelming our youth. Please visit their website for a free monthly newsletter.

### **MEDICAL HOME PROJECT – SEE UTAH COLLABORATIVE MEDICAL HOME PROJECT**

### **MENTAL HEALTH, DIVISION OF**

**Address:** 120 North 200 West, Room 209  
Salt Lake City, UT 84103

**Phone:** (801) 538-3939

**Purpose:** The Utah Division of Substance Abuse and Mental Health is the State agency responsible for ensuring that prevention and treatment services for substance abuse and mental health are available statewide. If you, a friend, or family member is struggling with a mental health problem or a problem with alcohol, tobacco or other drugs there is help available. Hope and recovery are possible.

### **MIRACLE LEAGUE ASSOCIATION OF UTAH**

**Contact:** Carol Synder or Matt Udy

**Phone:** (435) 615-1932

**Phone:** (866) 542-6576

**Purpose:** The Miracle League removes the barriers which keep mentally and physically disabled children off the baseball field and lets the experience the joy of America's favorite pastime.

### **MUSCULAR DYSTROPHY ASSOCIATION**

**Address:** 4568 South Highland Drive, Suite 180  
Salt Lake City, UT 84117

**Phone:** (801) 438-0280

**Email:** [mdyson@mdausa.org](mailto:mdyson@mdausa.org)

### **NATIONAL ABILITY CENTER**

**Address:** 1000 Ability Way  
Park City, UT 84098

**Phone:** (435) 649-3991

**Website:** [www.discoverNAC.org](http://www.discoverNAC.org)

**Purpose:** The National Ability Center is committed to the development of lifetime skills for people of all ages and abilities by providing affordable outdoor sports and recreational experiences in a nurturing environment. The objective of these experiences is to build self-esteem, confidence and physical development, thereby enhancing active participation in all aspects of community life. The Center offers more than twenty different programs throughout the year with lessons, trips, camps and retreats. The Ability Center is home to the Ability Ski Team, the Golden Eagles sled hockey team, and the first adaptive bobsled team in the world.

### **NATIONAL ASSOCIATION FOR CHILD DEVELOPMENT (NACD)**

**Address:** 549 25<sup>th</sup> St.

Ogden, UT 84401

**Phone:** (801) 621-8606

**Website:** [www.nacd.org](http://www.nacd.org)

**Purpose:** NACD provides neurodevelopmental evaluations and individualized programs for children and adults, updated on a quarterly basis. As a family-centered organization, NACD stresses parent training and parent implementation of the program. Support is provided to families through video reviews, e-mail and telephone sessions.

### **NAMI UTAH (NATIONAL ALLIANCE ON MENTAL ILLNESS)**

**Address:** 450 South 900 East, Suite 160

Salt Lake City, UT 84102

**Phone:** (801) 323-9900

**Toll-free:** (877) 230-6264

**Website:** [www.namiut.org](http://www.namiut.org)

**Purpose:** NAMI is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses, such as schizophrenia, schizoaffective disorder, bipolar disorder, major depressive disorder, obsessive-compulsive disorder, panic and other severe anxiety disorders, attention deficit/hyperactivity disorder, and other severe and persistent mental illnesses that affect the brain.

### **NATIONAL MULTIPLE SCLEROSIS SOCIETY, UTAH CHAPTER**

**Address:** 2995 S. West Temple, Suite C

Salt Lake City, UT 84115

**Phone:** (801) 493-0113

**Website:** [www.fightmsutah.org](http://www.fightmsutah.org)

**Purpose:** The Utah State Chapter strives to achieve its mission by helping people with MS in the following areas: emotional health, physical health, knowledge of MS, family and social support, independent living, long-term care, employment, and accessibility.

### **ONE BIG COOL BIB**

**Phone:** (801) 701-0202

**Website:** [www.onebigcoolbib.com](http://www.onebigcoolbib.com)

**Purpose:** Created by moms who know by experience just how messy kids can be at meal time...One Big Cool Bib was created to provide the coverage of a bib and an apron at the same time!

### OPTIONS FOR INDEPENDENCE – NORTHERN UTAH CENTER FOR INDEPENDENT LIVING

**Address:** 1095 North Main Street  
Logan, UT 84341

**Phone:** (435) 753-5353

**Website:** [www.optionsind.org](http://www.optionsind.org)

**Purpose:** The mission of OPTIONS for Independence is to provide services to individuals with disabilities to facilitate their full participation in the community and raise the understanding of disability issues and access to the community.

### OPTIONS FOR INDEPENDENCE – SATELLITE OFFICE – BOX ELDER COUNTY

**Address:** 862 South Main Street, Suite 9  
Brigham, UT 84302

**Phone:** (435) 723-2171

**Website:** [www.optionsind.org](http://www.optionsind.org)

**Purpose:** The mission of OPTIONS for Independence is to provide services to individuals with disabilities to facilitate their full participation in the community and raise the understanding of disability issues and access to the community.

### PARENTS FOR CHOICE IN EDUCATION

**Contact:** Laura Anderson, Carson Smith Scholarship Outreach Coordinator

**Address:** 124 South 400 East, Suite 230  
Salt Lake City, UT 84111

**Phone:** (801) 637-4111

**Phone:** (801) 532-1448

**Website:** [www.choiceineducation.org](http://www.choiceineducation.org)

**Purpose:** Parents for Choice in Education (PCE) is dedicated to ensuring that every child has equal access to a quality education. PCE strives to empower parents, increase choice and promote innovative solutions to Utah's education challenges. PCE is very supportive of the Carson Smith Special Needs Scholarship and is dedicated to providing information and support to parents and educators.

### PEOPLE FIRST OF UTAH

**Address:** 155 South 300 West, Suite 100  
Salt Lake City, UT 84101

**Phone:** (801) 533-3965

**Toll-free:** (800) 323-8824

**Website:** [www.utahddc.org](http://www.utahddc.org)

**Purpose:** People First is a self advocacy organization for adults with disabilities funded by the Utah Developmental Disabilities Council. There are over 20 groups located throughout Utah that have monthly educational meetings. Contact the number above for the group in your area.

### **PIONEER ADULT REHABILITATION CENTER (PARC)**

**Address:** 485 PARC Circle  
Clearfield, UT 84015

**Phone:** (801) 402-0950

**Website:** [www.parc-ut.org](http://www.parc-ut.org)

**Purpose:** PARC is a public, non-profit organization administered by the Davis School District that serves adults with disabilities. They offer employment solutions and training including: community job placements, HAFB jobs, supervised work, and work skills training.

### **PRADER-WILLI SYNDROME ASSOCIATION SUPPORT GROUP**

**Contact:** Lisa Thornton

**Phone:** (801) 582-0998

**Website:** [www.upwsa.org](http://www.upwsa.org)

The mission of the Utah Prader-Willi Association is to provide families and professionals with a network of support, resources and information, to promote awareness of the syndrome and raise funds that will directly benefit Utahans with PWS. In addition, the association facilitates opportunities to congregate pro-active individuals who can pool talents, resources, ingenuity and vision to produce more options, increase quality of life, and create a brighter future for individuals with PWS.

### **PRIMARY CHILDREN'S MEDICAL CENTER (PCMC)**

**Address:** 100 North Medical Drive  
Salt Lake City, UT 84113

**Phone:** (801) 662-1000 (operator)

**Toll-Free:** (800) 662-1000

**Purpose:** The mission of PCMC is to provide quality and comprehensive pediatric medical services.

### **PRIMARY CHILDREN'S MEDICAL CENTER REHABILITATION SERVICES**

**Address:** 100 North Medical Drive  
Salt Lake City, UT 84113

**Phone:** (801) 662-4910

**Website:** <http://intermountainhealthcare.org>

**Purpose:** PCMC Rehabilitation offers diagnostic testing and treatment for children. They serve children with: injuries and illness; physical challenges; speech, language, and cognitive delays; developmental delays; hearing loss; and other conditions that affect the daily activities most children enjoy. Each therapy program is planned to meet the unique needs of each child.

**PROJECT GAIN**

**Address:** 250 E. 1850 South  
Salt Lake City, UT 84112

**Phone:** (801) 581-8754

**Website:** [www.accessgolf.org](http://www.accessgolf.org)

**Purpose:** Project GAIN (Golf: Accessible and Inclusive Networks) Golf professionals, rehabilitation specialists, recreation professionals as well as volunteers and mentors implement a rigorous program of golf instruction and social development for a wide variety of people with disabilities. Project GAIN organizes and conducts community based programs that introduce people with disabilities to the game of golf.

**PTA, PARENT TEACHER ASSOCIATION, SEE UTAH CONGRESS OF PARENT TEACHER ASSOCIATION**

**RED ROCK CENTER FOR INDEPENDENCE**

**Address:** 515 West 300 North, #A  
St. George, UT 84770

**Phone:** (435) 673-7501

**Website:** [www.rrci.org](http://www.rrci.org)

**Purpose:** Red Rock Center for Independence assists people with disabilities to live and participate independently.

**REHABILITATION SERVICES, DIVISION OF**

**Address:** Utah State Office of Rehabilitation  
250 East 500 South  
Salt Lake City, UT 84111-3204

**Phone:** (801) 538-7530

**Purpose:** Provides vocational rehabilitation services for individuals with a disability to bring about gainful employment.

**RELAY UTAH - 711**

**Phone:** 711

**Toll-free:** (800)676-3777 (Customer Service)

**Toll-free:** (800) 346-4128 (TTY)

**Toll-free:** (888) 735-5906 (Voice)

**Website:** [www.relayutah.gov](http://www.relayutah.gov)

**Purpose:** The Relay Utah service was initiated in 1988 as one of the first Relay services established in the United States. Housed under the umbrella of the Public Service Commission, Relay Utah provides access to hearing assistive equipment and telephone relay services, through Sprint, to allow Utah citizens who are deaf, hard of hearing or speech disabled more efficient communication.

### **SALT LAKE ADVOCACY AND COMMUNITY TRAINING – ACTIVE SOLUTIONS FOR PEOPLE WITH DISABILITIES**

**Address:** 3098 South Highland Drive, Suite 355  
Salt Lake City, UT 84106

**Phone:** (801) 412-3798

**Purpose:** Beginning as the Arc of Salt Lake County in 1956, Salt Lake ACT provides unique individualized services for people with disabilities. Our mission is "Creating circles of support for people with disabilities through programming, collaboration, advocacy, education and support coordination." To fulfill our mission we provide private support coordination, mental health counseling and training programs focused on healthy relationships with emphasis on abuse prevention. For those on waiting lists for government funded programs, Salt Lake ACT provides service brokering and individual support services to link people to helpful community resources. In addition we run Singles Mingles, an adult activity and socialization program, an annual Labor of Love Holiday Gift Program and Recreation Day, an annual picnic and activity fair.

### **SALT LAKE COUNTY PARKS AND RECREATION – ADAPTIVE RECREATION**

**Address:** 8446 S. Harrison St.  
Midvale, UT 84047

**Phone:** (801) 561-0075

**Website:** <http://www.recreation.slco.org/adaptive>

**Purpose:** Salt Lake County Parks and Recreation Adaptive Program offers a variety of programs and activities for people with disabilities ages 5 years through adulthood. The Mission of the adaptive program is to enhance the quality of life for individuals with challenges by facilitating an appropriate leisure life-style through positive recreation and education experiences regardless of sex, race, creed, or ability. Programs include socialization activities, various sports, and summer day camps.

### **SHRINER'S HOSPITAL FOR CHILDREN -- INTERMOUNTAIN**

**Address:** Fairfax Road at Virginia Street  
Salt Lake City, UT 84103-4399

**Phone:** (801) 536-3500

**Website:** [www.shrinershospitals.org](http://www.shrinershospitals.org)

**Purpose:** The Intermountain Shriners Hospital is a 40-bed pediatric orthopedic hospital providing comprehensive orthopaedic care to children at no charge.

### **SOCIAL SECURITY ADMINISTRATION (SSA)**

**Address:** 202 West 400 South  
Salt Lake City, UT 84101

**Phone:** (801) 524-4115

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Purpose:** Social Security Disability/SSI. Their mission is to advance the economic security of the nation's people through compassionate and vigilant leadership in shaping and managing America's Social Security programs.

### **SPECIAL FOCUS PHOTOGRAPHY**

**Address:** 6137 Rainsborough Road  
Salt Lake City, UT 84121

**Phone:** (801) 897-9766

**Website:** [www.specialfocusphotography.org](http://www.specialfocusphotography.org)

**Purpose:** The mission of Special Focus Photography is to provide professional portrait services specifically catering to individuals with disabilities. As a mother of a son with Autism, the photographer knows that "one size does not fit all". Pictures are often very difficult and cause anxiety for everyone involved. It should be fun! They make every effort to adapt to the individual needs of each client and bring understand that not only puts the "model" at ease, but parents as well.

### **SPECIAL NEEDS RESOURCE PROJECT**

**Website:** [www.snrproject.com](http://www.snrproject.com)

**Purpose:** The Special Needs Resource Project (SNRP) provides a basic guide for parents of children with chronic health issues, disabilities and special needs. This site is designed to help you get a jump-start in your search for helpful information and resources. Every situation is unique. Our aim is to help you learn the basic skills you'll need to obtain the specific resource information, equipment, and services your child and family needs. Though focused on children ages 0-22, most of the information we offer is applicable to adults as well.

### **SPECIAL OLYMPICS UTAH**

**Address:** 243 East 400 South, Suite 111  
Salt Lake City, UT 84111

**Phone:** (801) 363-1111

**Toll-free:** (800) 722-1589

**Website:** [www.sout.org](http://www.sout.org)

**Purpose:** Special Olympics is an international program that provides year-round sports training and athletic competition in a variety of Olympic-type sports for more than one million children and adults with intellectual disabilities. Special Olympics Utah, a chapter of Special Olympics, was founded in 1969 and serves more than 2,000 athletes statewide.

### **SPECTRUM ACADEMY (CHARTER SCHOOL)**

**Address:** 575 Cutler Drive  
North Salt Lake, UT 84054

**Website:** [www.spectrumcharter.org](http://www.spectrumcharter.org)

**Purpose:** The Spectrum Academy implements research-based teaching methods to educate children with Asperger's Syndrome, Autism, communication disorders, and sensory integration disorders.

### **SPINA BIFIDA ASSOCIATION OF UTAH (SBAU)**

**Address:** Ilene Hall – President  
61 Buffalo Road  
Farmington, UT 84025

**Phone:** (801) 663-3120

**Website:** [www.sbautah.com](http://www.sbautah.com)

**Purpose:** The mission of the SBAU is to promote the prevention of spina bifida and to enhance the lives of all affected.

### **SPLORE**

**Address:** 880 East 3375 South  
Salt Lake City, UT 84115

**Phone:** (801) 484-4128

**Website:** [www.splore.org](http://www.splore.org)

**Purpose:** SPLORE is a Utah-based non-profit organization that is dedicated to enriching the lives of children and adults with disabilities and special needs through outdoor recreation. Some of the programs SPLORE provides include: river rafting, rock climbing, canoeing, snowshoeing, Nordic skiing, dog sledding, and other specialized programs. SPLORE can tailor a half-day, full-day, or multi-day program for individuals or groups at affordable rates or at a scholarship rate. One of SPLORE's new programs this year is *Rock On!* which is an indoor rock climbing program that specifically caters towards children with Autism and Aspergers syndrome. Parents and friends are also welcome to attend these programs.

### **TEN THOUSAND VILLAGES**

**Address:** 1941 South 1100 East  
Salt Lake City, UT 84106

**Phone:** (801) 485-8827

**Website:** [www.villagesutah.org](http://www.villagesutah.org)

**Purpose:** Since 1946 Ten Thousand Villages has supported the work of literally tens of thousands of artisans in over 30 countries in Asia, Africa, Latin America and the Middle East, making us one the largest fair trade organizations in North America. Working with more than 100 artisan groups, we purchase fine pieces from craftspeople with whom we have longstanding, nurturing relationships...helping to bring dignity to their lives.

### TOPSOCCER IN UTAH

**Utah Chairperson:** Sarah W. Smith

**Email:** [sarah.w.smith@utah.edu](mailto:sarah.w.smith@utah.edu)

**Website:** [www.utahyouthsoccer.net/topsoccer.html](http://www.utahyouthsoccer.net/topsoccer.html)

**Purpose:** TOPSoccer is UYSA's outreach program for soccer. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, ages 4 – 19, who has a mental or physical disability, to provide meaningful learning, development, and physical participation opportunities to these young athletes through the game of soccer. There are thousands of children with different abilities who need, and can be provided the opportunity to play soccer through TOPSoccer.

### TOURETTE SYNDROME ASSOCIATION - UTAH

**Toll-free:** (866) 274-0700

**Website:** [www.tsa-utah.org](http://www.tsa-utah.org)

**Purpose:** Their mission is to identify the cause of, find the cure for and control the effects of this disorder. They develop and disseminate educational material to individuals, professionals, and to agencies in the fields of health care, education and government; coordinates support services to help people and their families cope with the problems that occur with TS; funds research that will ultimately find the cause of and cure for TS and, at the same time, lead to improved medications and treatments.

### TRI-COUNTY INDEPENDENT LIVING CENTER

**Address:** P.O. Box 428  
2726 Washington Boulevard  
Ogden, UT 84402

**Phone:** (801) 612-3215

**Toll-Free:** (866) 734-5678

**Purpose:** Their mission is to assist persons with disabilities in achieving greater independence by providing services and activities which enhance independent living skills and promote public understanding, accommodation, and acceptance of their rights, needs, and abilities.

### TURN COMMUNITY SERVICES

**Salt Lake Office Address:** 850 South Main Street  
Salt Lake City, UT 84101

**Phone:** (801) 359-8876  
1(866) 359-TURN

**Cedar City Office Address:** 295 South 200 East  
Cedar City, UT 84720

**Phone:** (435) 559-1757

**Purpose:** TURN Community Services provides a variety of programs for individuals with developmental disabilities including; residential, supported employment, day training and diversion programs.

## UCARE

**Address:** 120 North 200 West  
North Salt Lake, UT 84054

**Phone:** (801) 538-4608

**Website:** [www.ucare.utah.gov](http://www.ucare.utah.gov)

**Purpose:** UCARE provides help for caregivers, seniors, people with disabilities, human resource personnel, and medical professionals. Their website will help you find answers to questions such as: What is long-term care? How do I choose a long-term care option? What resources are available in Utah and nationally?

## UREAD

**Address:** 12691 South 2580 West  
Riverton, UT 84065

**Phone:** (801) 254-3332

**Purpose:** UREAD is a coalition of concerned parents and educators who are dedicated to addressing the needs of the children in Utah who have the learning difference of Dyslexia. It is only through a combined effort of every one of us that our mission and goals can be accomplished. Their mission is that they are dedicated to ensuring that every Utah student with the learning difference of Dyslexia will receive scientifically based instruction and services consistent with his/her needs.

## US AUTISM AND ASPERGER ASSOCIATION, INC. (USAAA)

**Address:** P.O. Box 532  
Draper, UT 84020-0532

**Phone:** (801) 649-5752

**Website:** [www.usautism.org](http://www.usautism.org)

**Purpose:** USAAA's mission is to enhance the quality of life of individuals and their families/caregivers touched by autism spectrum disorders by providing educational and family support through conferences/seminars, and published and electronic mediums. USAAA distributes information with regard to biomedical treatments/behavioral and developmental therapies, and research to parents, practitioners, students, and teachers who are associated with the autism and Asperger's Syndrome communities.

### **USIMAC (UTAH STATE INSTRUCTIONAL MATERIALS ACCESS CENTER)**

**Address:** 3098 S. Highland Drive, Suite 103 Highland Park Plaza  
Salt Lake City, UT 84106

**Phone:** (801) 464-2082

**Fax:** (801) 464-2076

**Email:** [info@usimac.org](mailto:info@usimac.org)

**Purpose:** The Utah State Instructional Materials Access Center (USIMAC) has been established to aid local education agencies in meeting the requirements of the Individuals with Disabilities Education Improvement Act of 2004 (IDEA) for the provision of accessible instructional materials. The USIMAC offers opportunities for students with print disabilities to gain increased access to the general curriculum by making available instructional materials in alternate formats. Our mission is to partner with local educational agencies in securing accessible textbooks and core curriculum materials, in specialized formats, for qualifying students with print disabilities.

### **UTAH ADAPTIVE RECREATION NETWORK (UARN)**

**Address:** Alex Johnson  
880 East 3375 South  
Salt Lake City, UT 84106

**Phone:** (801) 484-4128

**Website:** [www.splore.org](http://www.splore.org)

**Purpose:** Utah Adaptive Recreation Network is a collaborative body of six different organizations in Utah that provide recreational opportunities for children and adults with disabilities and special needs. UARN is a coordinated effort of: National Ability Center, SPLORE, Common Ground, Project Gain, Camp K, and Salt Lake Parks and Recreation. They are trying to raise awareness of recreational programs available to people with disabilities and their families. Contact information for each of the collaborating organizations can be found in this book.

### **UTAH ASSISTIVE TECHNOLOGY FOUNDATION**

**Address:** 6835 Old Main Hill  
Logan, UT 84322-6835

**Toll-free:** (800) 524-5152

**Website:** [www.uatff.org](http://www.uatff.org)

**Purpose:** A non-profit organization that helps individuals with disabilities live more productive and independent lives by providing zero and low interest loans to purchase assistive technology devices and services.

### UTAH ASSISTIVE TECHNOLOGY PROGRAM

**Address:** 6855 Old Main Hill  
Logan, UT 84322-6855

**Phone:** (435) 797-3824

**Toll-free:** (800) 524-5152

**Website:** [www.uatpat.org](http://www.uatpat.org)

**Purpose:** The Utah Assistive Technology Program (UATP) gets assistive technology (AT) into the hands of people who need it.

### UTAH AUTISM RESEARCH PROJECT

**Address:** 650 Koma Drive Suite 206  
Salt Lake City, UT 84108

**Phone:** (801) 585-9098

**Website:** [utahautismresearchprogram.genetics.utah.edu](http://utahautismresearchprogram.genetics.utah.edu)

**Purpose:** The Utah Autism Research Program conducts research into various possible causes of autism spectrum disorders. Some of their current projects include: genetic studies utilizing the unique genealogical resources available in Utah and studies of the immune system in autism. They are also expanding their diagnosis center.

### UTAH AUTISM FOUNDATION

**Website:** <http://www.utahautismfoundation.org/>

**Purpose:** The Utah Autism Foundation is a nonprofit organization formed to identify and support research on both a local and national level into the cause, prevention, and potential treatment of autism.

### UTAH CENTER FOR ASSISTIVE TECHNOLOGY (UCAT)

**Address:** 1595 West 500 South  
Salt Lake City, UT 84104

**Phone:** (801) 887-9539

**Website:** [www.usor.ut.gov:81/ucat](http://www.usor.ut.gov:81/ucat)

**Purpose:** UCAT is a state government agency that provides assistive technology services to anyone in Utah. They help people with disabilities and their caregivers select, acquire, and learn to use assistive technology devices that can help them cope with the functional limitations caused by their disabilities.

### UTAH COLLABORATIVE MEDICAL HOME PROJECT

*A Project of Children with Special Health Care Needs*

**Address:** PO Box 144610

Salt Lake City, UT 84114-4610

**Phone:** (801) 584-8584; (800) 829-8200 (toll-free)

**Website:** [www.medhomeportal.org](http://www.medhomeportal.org)

**Purpose:** The Utah Collaborative Medical Home Project at the Children with Special Health Care Needs provides technical support to physicians across Utah to become medical homes for chronically ill and disabled children. A medical home is a family-centered approach to providing health care by professionals, parents, and allied health care workers acting as partners to identify and access all the medical and non-medical services needed for children to reach their potential. For more information call or visit the website.

### UTAH CONGRESS OF PARENTS AND TEACHERS ASSOCIATION (PTA)

**Address:** 5192 South Greenpine Drive

Salt Lake City, UT 84123

**Phone:** (801) 261-3100

**Toll-free:** (866) PTA UTAH

**Website:** [www.utahpta.org](http://www.utahpta.org)

**Purpose:** The Utah PTA will help every child reach full potential and will: *Advocate:* Support and speak on behalf of children and youth; *Involve:* Encourage positive involvement in all facets of a child's life; *Develop:* Assist in developing skills to raise and protect children and youth.

### UTAH DEVELOPMENTAL DISABILITIES COUNCIL

**Address:** 155 South 300 West, Suite 100

Salt Lake City, UT 84101

**Phone:** (801) 533-3965

**Toll-free:** (800) 333-8824

**Website:** [www.utahddc.org](http://www.utahddc.org)

**Purpose:** The mission of the Utah DD council is to be the state's leading source of critical innovative and progressive knowledge, advocacy, leadership and collaboration to enhance the life of individuals with developmental disabilities.

### **UTAH DOWN SYNDROME FOUNDATION (UDSF)**

**Address:** PO Box 675

Salt Lake City, UT 84110

**Toll-free:** (877) 499-UDSF (8373)

**Website:** [www.udsf.org](http://www.udsf.org)

**Purpose:** A non-profit organization established in 1977, the Utah Down Syndrome Foundation provides outreach, training, counseling, support, education, information, and activities for individuals with Down syndrome, their parents and families, and the community. With 14 chapters located throughout the state operating under the umbrella of the UDSF State Board, this volunteer organization has grown to become Utah's largest support provider for the Down syndrome community. The largest and most well-known community awareness activity supported by UDSF is the annual Buddy Walk. Local chapters organize "walks" within their communities and partner with families and businesses to raise money. That money remains in the chapters and is spent on various types of activities throughout the year in support of individuals with Down syndrome. To find a chapter in your area, receive a bi-monthly newsletter called the Advocate, request a copy of the Newborn Booklet for new parents of infants born with Down syndrome, or to find out more about Down syndrome, call the toll free number listed above or log on to the UDSF website.

### **UTAH FAMILY PARTNERSHIP NETWORK**

**Address:** 2500 South State Street, Room D120

Salt Lake City, UT 84115

**Phone:** (801) 646-4608

**Website:** [www.ufpn.org](http://www.ufpn.org)

**Purpose:** The Utah Family Partnership Network helps families and schools come together for student success. Their centers contain hundreds of resources on parenting, discipline, early literacy, helping with homework, dealing with learning disabilities, understanding your child, plus educational and health information.

## UTAH FAMILY VOICES – HEALTH INFORMATION, EDUCATION AND SUPPORT

### At the Utah Parent Center

**Phone:** (801) 272-1068

**Toll-free:** (800) 468-1160

**Website:** [www.familyvoices.org](http://www.familyvoices.org)

### At the Bureau of Children with Special Health Care Needs

**Phone:** (801) 584-8236

**Toll-free:** (800) 829-8200, option 1

**Website:** [www.familyvoices.org](http://www.familyvoices.org)

**Purpose:** Utah Family Voices is a national grassroots organization of families who have children and youth with special needs. We are committed to strong collaborative partnerships between families and health care professionals to improve the systems of supports and services for our children. They provide information, training and family-to-family support around health and community services to families throughout the state.

## U-FIT SPECIAL PHYSICAL ACTIVITY PROGRAM

**Address:** 250 South 1850 East, Room 241  
Salt Lake City, UT 84112

**Phone:** (801) 587-9713

**Website:** [www.health.utah.edu/outreach/ufit.html](http://www.health.utah.edu/outreach/ufit.html)

**Purpose:** The U-FIT Special Physical Activity Program provides fun, noncompetitive physical activities that will help children and youth with disabilities to reach individual goals. Skilled volunteers help the participants build friendships, increase self-esteem, improve motor skills and levels of physical fitness, and have fun in a nurturing environment. The goals and needs of the each participant's family is key to the success of the U-FIT program. The program is family-centered and family-friendly, meeting needs as diverse as those who take part. Family members help develop the goals for each participant.

**Contact:** Sarah W. Smith

**Email:** [sarah.w.smith@utah.edu](mailto:sarah.w.smith@utah.edu)

**Phone:** (801) 859-2128

## UTAH HANDS AND VOICES

**Contact:** Mindi Allen

**Phone:** (801) 266-5272

**Purpose:** Support group for parents with children who are deaf and hard of hearing.

### UTAH HOME EDUCATION ASSOCIATION

**Phone:** See the website for telephone contacts in your area.

**Website:** [www.uhea.org](http://www.uhea.org)

**Purpose:** The Utah Home Education Association has been established to support the education of children in the home as a viable alternative to the existing public and private educational system. Please visit their website for contacts in your area.

### UTAH INDEPENDENT LIVING CENTER, INC.

**Address:** 3445 South Main Street  
Salt Lake City, UT 84115-4453

**Phone:** (801) 466-5565(Voice); (801) 466-9910 (TTY); (435)843-7353 – Tooele Outreach Branch

**Purpose:** To assist persons with disabilities in achieving greater independence by providing services and activities which enhance independent living skills and promote the public understanding, accommodation, and acceptance of their rights, needs and abilities.

### UTAH PARENT CENTER

**Address:** 2290 East 4500 South, Suite 110  
Salt Lake City, UT 84117-4428

**Phone:** (801) 272-1051; (800) 468-1160 (toll-free)

**Website:** [www.utahparentcenter.org](http://www.utahparentcenter.org)

**Purpose:** The Utah Parent Center (UPC) is a statewide non-profit organization founded in 1984 to provide training, information, referral, and assistance to parents of children and youth with ALL disabilities: physical, mental, learning and emotional. Staff at the Center are primarily parents of children and youth with disabilities who carry out the philosophy of PARENTS HELPING PARENTS.

### UTAH SCHOOL NURSES ASSOCIATION

**Phone:** (801) 703-3369

**Website:** [www.utsna.org](http://www.utsna.org)

**Purpose:** "The mission of the Utah School Nurses Association is to protect and improve the health and safety of children and families by supporting comprehensive school health nursing services. These programs provide prevention, detection and resolution of health concerns, thereby improving educational achievement and enhancing the quality of life."

### UTAH SCHOOLS FOR THE DEAF AND THE BLIND

**Address:** 742 Harrison Boulevard  
Ogden, UT 84404-5298

**Phone:** (801) 629-4700 (Voice); (801) 629-4701 (TTY); (800) 990-9328 (toll-free)

**Website:** [www.usdb.org](http://www.usdb.org)

**Purpose:** Their purpose is to provide consultation, resources, and direct education services to children from birth through age 21 with hearing and/or visual impairments and their families. Family support specialists can be contacted through the main number listed above.

### UTAH STATE OFFICE OF EDUCATION – SPECIAL EDUCATION SERVICES

**Address:** 250 East 500 South  
PO Box 144200  
Salt Lake City, UT 84111-4200

**Phone:** (801) 538-7587

**Website:** [www.schools.utah.gov/sars](http://www.schools.utah.gov/sars)

**Purpose:** Their purpose is to provide support to empower students with disabilities ages 3-21.

### UTAH STATE OFFICE OF REHABILITATION

**Address:** 926 Baxter Drive  
South Jordan, UT 84095

**Phone:** (801) 446-2581

**Website:** [www.usor.utah.gov](http://www.usor.utah.gov)

**Purpose:** Their purpose is to assist eligible individuals in obtaining employment and increasing their independence.

### WORK ABILITY UTAH

**Address:** Utah Department of Health, Health Care Financing  
c/o USOR – Judy Ann Buffmire Building  
1595 West 500 South  
Salt Lake City, UT 84104

**Phone:** (801) 887-9529

**Toll-free:** (877) 246-9675

**Website:** [www.workabilityutah.org](http://www.workabilityutah.org)

**Purpose:** The goal of Work Ability Utah is to create a comprehensive system of work incentives and supports that will increase employment and healthcare outcomes for individuals with disabilities. This is accomplished through interagency collaboration, employer development, and outreach to consumers, families, providers and agency personnel. Activities include information and referral services, publicity campaigns, workshops and fairs for both individuals with disabilities and the business community.

## **REGIONAL AND NATIONAL RESOURCES**

### **CADRE – CONSORTIUM FOR APPROPRIATE DISPUTE RESOLUTION IN SPECIAL EDUCATION**

**Website:** [www.directionservice.org/cadre](http://www.directionservice.org/cadre)

**Purpose:** CADRE encourages the use of mediation and other collaborative strategies to resolve disagreements about special education and early intervention programs.

**IDEA 2004 – THE LAW** - <http://idea.ed.gov/>

### **MOUNTAIN PLAINS REGIONAL RESOURCE CENTER (MPRRC)**

**Phone:** (435) 752-0238

**Website:** [www.rrfcnetwork.org/mprrc](http://www.rrfcnetwork.org/mprrc)

**Purpose:** MPRRC assists state and local education agencies in developing quality programs and services for children with disabilities and their families.

### **NICHCY – NATIONAL DISSEMINATION CENTER FOR CHILDREN WITH DISABILITIES**

**Phone:** (800) 695-0285

**Website:** [www.nichcy.org](http://www.nichcy.org)

**Purpose:** NICHCY serves the nation as a central source of information on: disabilities in infants, toddlers, children, and youth; IDEA; No Child Left Behind; and research-based information on effective educational practices.

### **NORD – NATIONAL ORGANIZATION FOR RARE DISORDERS**

**Phone:** (203)744-0100

**Website:** <http://www.rarediseases.org/>

**Purpose:** NORD is a unique federation of voluntary health organizations dedicated to helping people with rare “orphan” diseases and assisting the organizations that serve them. NORD is committed to the identification, treatment, and cure of rare disorders through programs of education, advocacy, research, and service.

**NO CHILD LEFT BEHIND (NCLB) – THE LAW** - <http://www.ed.gov/nclb/landing.jhtml?src=pb>

**OFFICE FOR CIVIL RIGHTS** - [www.ed.gov/about/offices/list/ocr/index.html?src=mr](http://www.ed.gov/about/offices/list/ocr/index.html?src=mr)

**Purpose:** The mission of the Office for Civil Rights is to ensure equal access to education and to promote educational excellence throughout the nation through vigorous enforcement of civil rights.



## **UTAH PARENT CENTER**

***Celebrating more than 24 years of service!!!***

*Utah Family Voices - Family to Family Health Information and Education Center*

*Family to Family Network – A Program of DHS/DSPD*

*Phone: (801) 272.1051 • Toll Free Utah: (800) 468.1160 • Fax: (801) 272.8907*

*Email: [upcinfo@utahparentcenter.org](mailto:upcinfo@utahparentcenter.org) • Website: [www.utahparentcenter.org](http://www.utahparentcenter.org)*

### **UTAH PARENT CENTER INFORMATION DISCLAIMER**

*Our mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.*

*The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M020032. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors.*

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Utah  
Parent  
Center