

# Summer Idea List

## Disability Specific:

1. **Boys and Girls Club of Murray:** offers programs for children with disabilities.  
**Website:** [www.bgcsv.org](http://www.bgcsv.org) **Phone:** (801) 284-4259 **City:** Murray **Email:** [mcox@bgcsv.org](mailto:mcox@bgcsv.org) Contact Michael Cox for further information.
2. **Camp Kostopulos:** is situated on 25 acres in Emigration Canyon, Camp Kostopulos provides a host of outdoor adventures for individuals with disabilities.  
**Website:** [www.campk.org](http://www.campk.org) **Phone:** (801) 582-0700 **City:** Salt Lake City **Cost and Duration:** Varies based on program © Utah Parent Center, May 2009 Toll-Free in Utah (800) 468-1160 (801) 272-1051 [www.utahparentcenter.org](http://www.utahparentcenter.org)
3. **Lifelong Learning Center:** offers day programs for individuals with disabilities ages 18+. **Website:** [www.lifelonglearningut.com](http://www.lifelonglearningut.com) **Phone:** (801) 746-7251 **City:** Salt Lake City **Cost and Duration:** Check website for rates.
4. **Murray Greenhouse:** offers day programs for individuals with disabilities ages 22+.  
**Location:** 6366 South 900 East, Murray **Email:** [Monica@UtahSelectRealty.com](mailto:Monica@UtahSelectRealty.com) (contact: Monica McQueen) **Phone:** (801) 381-6410 **City:** Murray **Cost and Duration:** Call or email for additional details.
5. **Salt Lake County Adaptive Recreation:** offers a variety of programs and activities for individuals with disabilities including: wheelchair rugby, dances, aquatics, ice sledge programs, camps, clinics, basketball, track and field, softball, soccer, bocce, fitness, and more. There are programs for both adults and youth. There are also some sporty summer camps **Website:** [www.recreation.slco.org/adaptive](http://www.recreation.slco.org/adaptive) **Phone:** (801) 561-0075 **City:** Midvale **Cost and Duration:** Vary based on program
6. **Social Skills Groups:** offers programs for children with Autism Spectrum Disorder or social communication disorder. Groups are designed for children ages 4-10 with the above mentioned disorders. Groups meet 1 day per week for 90 minutes in small groups (6 children with 2 therapists), with parent observation and parent-to-parent interaction.  
**Address of program:** University of Utah; Speech Language Hearing Clinic 417 Wakara Way, Suite 1112; Salt Lake City, UT 84108 **Phone:** 801-581-3506 **Email:** [leslie.Calvert@health.utah.edu](mailto:leslie.Calvert@health.utah.edu)
7. **Specialty Swim Pool and Hydrotherapy Pool Programs:** are specialized water treatment programs that include: pediatric early intervention, sensorimotor integration programs, adapted swim programs, hydrotherapy, PNF, Halliwick, and Bad Ragaz. The pool is 90 degrees and adaptive equipment is provided. These programs feature extensively trained, adapted aquatic, early childhood, and special education instructors. Times are arranged at your convenience. **Phone:** (801) 209-1521 **City:** Salt Lake City **Cost:** \$15 per half hour session/lesson (state tax deductible)

8. **SPLORE:** provides outdoor adventures for people with disabilities. The magic of SPLORE is found through the life-enhancing experiences that occur only through their outdoor programs. **Website:** [www.splore.org](http://www.splore.org) **Email:** [info@splore.org](mailto:info@splore.org) **Phone:** (801) 484-4128 **City:** Salt Lake City **Cost and Duration:** Varies based on program
9. **UAID (Utah Association for Intellectual Disabilities):** Please contact Kathy Scott for information about their summer programs. **Email:** [uaid.slc@gmail.com](mailto:uaid.slc@gmail.com) **Phone:** (801) 654-8449
10. **Wasatch/Snowbird Adaptive Sports:** Programs offered include hiking on barrier free trails, fishing, biking, tram rides, and environmental awareness programs. **Website:** [www.wasatchadaptivesports.org](http://www.wasatchadaptivesports.org) **Phone:** (801) 933-2188 **City:** Snowbird **Cost and Duration:** Varies based on program
11. **TURN Community Services** offers various activities through their summer day camp. They also offer Saturday Night respite and Saturday activities throughout the year. <http://turncommunityservices.org/> 801-486-3778
11. **National Ability Center:** Offers a variety of recreational activities all year long. During the summer they offer several summer camps for children with disabilities. Post Office Box 682799, Park City, Utah 84068, Voice/TDD: 435.649.3991. <http://www.discovernac.org/contact.htm>
13. **Virginia Tanner Creative Dance Program:** offers dance classes for children with disabilities all year including during the summer. Go to <http://www.tannerdance.utah.edu/>, or call 801- 581-7374
14. **Miracle league** of Utah, baseball team for children with disabilities. For information go to :[http://www.rmsb.com/Main/note\\_miracle\\_league.html](http://www.rmsb.com/Main/note_miracle_league.html)
15. **The Stable Place:** Offers horseback riding lessons for children with and without disabilities. There are private and group lessons available. They also offer a sensory trail where riders can experience sensory stimuli while horseback riding. Go to <http://thestableplaceslc.com/home> or call 801-860-3906 for more information.
16. **Granite Peaks Education:** offers fun community education classes during the summer for children and young adults with disabilities. Go to <http://www.granitepeaks.org/> For more information.
17. **Independent Living Center:** offers a six week summer program for children ages 14-22 with disabilities. It's starts in mid June, and is only \$50.00 for six weeks of fun. The program focus on life skills like cooking, social skills, bus ridding, and much more! The

price includes a fun campout. Call 801.466.5565 or go to <http://www.uilc.org/about.php> for more information.

18. **Special Olympics:** Offer summer games where individuals with disabilities can compete in a Variety of sports including things like cycling, field and track, soccer and softball. You need to apply by April 2010.  
Call 801-363-1111 ex 223 for more information, or visit:  
[http://www.sout.org/shared/layouts/amazonian.jsp?\\_event=view&\\_id=120130\\_U126500\\_127453](http://www.sout.org/shared/layouts/amazonian.jsp?_event=view&_id=120130_U126500_127453)
19. **You Can Learn:** A summer school like program for children with a variety of learning disabilities. Program focus on remediation skills as well as reading comprehension, math skills, and science and history using hands-on activities in a structured classroom setting. Go to <http://www.ucanlearn.net/summer.php> or call 801-281-5546 for more information.
20. **SLCC Summer Reading skills:** SLCC offers 5 week long summer reading programs for struggling reader's grades k-12. They provide individualized attention, group instruction, and engaging materials. Call 1 (800) 964-8888 or go to: <http://www.slcc.edu/continuing/youth/> for more information.
21. **Spectrum Academy:** They offer a six week summer camp for children with high functioning autism. They offer a structured environment focusing on social skills. You can go for just a few weeks or for all six. For more information call 801-936-0318, or go to <http://www.spectrumcharter.org/>
22. **SEPS Learning Center:** Summer school or children with a variety of disabilities. Instructors work on motor, visual, verbal, and social skills. We teach skills in note taking, testing, listening, following instructions, and asking appropriate questions. In addition to regular summer school classes, SEPS Learning Center offers a recreation program that is available through the summer months. Go to <http://www.sepslc.com/school.php> for more information or call 801-467-2122.

### Classes/Camps:

#### **University of Utah**

UofU Youth Education (PreK- High School Credit) [www.youth.utah.edu](http://www.youth.utah.edu)

- Youth Academy of Excellence <http://continue.utah.edu/youth/yae/index.php>
- High School Credit <http://continue.utah.edu/youth/results.php?subject=yehs>
- Club U Camp <http://continue.utah.edu/youth/clubucamps/index.php>
- Computer Tech <http://continue.utah.edu/youth/results.php?subject=yetec>
- Preschool <http://continue.utah.edu/youth/results.php?subject=yeps>
- Creative Arts <http://continue.utah.edu/youth/results.php?subject=yeart>
- Filmmaking/Animation <http://continue.utah.edu/youth/results.php?subject=yeact>

- Hobbies <http://continue.utah.edu/youth/results.php?subject=yeemt>
- Language <http://continue.utah.edu/youth/results.php?subject=yelan>
- Music/Movement <http://continue.utah.edu/youth/results.php?subject=yemus>
- Science/Math <http://continue.utah.edu/youth/results.php?subject=yesci>
- Sports/Recreation <http://continue.utah.edu/youth/results.php?subject=yespr>

Uof UTheatre (5-18 yo) [http://www.youththeatre.utah.edu/Classes\\_Registration.html](http://www.youththeatre.utah.edu/Classes_Registration.html)

Uof U School of Computing Camps <http://www.cs.utah.edu/camps/>

- The GREAT Summer Camp (8<sup>th</sup>-10<sup>th</sup>) <http://www.cs.utah.edu/camps/great/overview/>  
Six one-week sessions to choose from - GREAT Summer Camp is about having fun while learning amazing tools to unleash your creativity. The first part of the week will teach you how to build and tell a story in your own interactive 3D world. The second part of the week will have you working together in teams building robots to compete in a robot showdown. Together, GREAT is about learning how computer science approaches to problem solving can lead to creative and exciting applications.

UofU School of Medicine Outreach <http://medicine.utah.edu/diversity/activities/docs.htm>

UofU Math

- **Math Camps** - <http://www.math.utah.edu/outreach/>
- **Math Circle** <http://www.math.utah.edu/mathcircle/>

**Community Education**

- **Murray Summer Programs** - [http://www.murrayschools.org/wworks/parents\\_communityeducation.shtml](http://www.murrayschools.org/wworks/parents_communityeducation.shtml)
- **Granite Peaks Community Education** <http://www.granitepeaks.org/>

**Utah Museum of Natural History Camps (K-9th)** - <http://www.umnh.utah.edu/summer>

**Salt Lake Community College** -

- **SLICK Science (11-14 yo)** <http://www.slcc.edu/campusevents/Science.pdf>
- **Youth (7th-12th)** - <http://www.slcc.edu/earlycollegeprep/grades7-12.asp>

**Westminster College Summer Camps** <http://www.westminstercollege.edu/camps/>

- **AWE+SUM Summer Camp for 8<sup>th</sup> grade girls - \$50**  
<https://www.westminstercollege.edu/camps/index.cfm?parent=1425&detail=4568&content=6657>

**Write On! Workshop at Westminster College (2nd-8th)**

<http://www.writeonworkshops.com/>

**Clark Planetarium Summer Camp (12-17 yo) - *How to Build and Use a Telescope***

<http://www.clarkplanetarium.org/>

**The Little Gym-offers summer camps for children with a variety of themes. Go to <http://www.thelittlegym.com/Pages/kids-camps.aspx> for more information**

**Teen Writer's Conference @ Weber State (13-19 yo)**  
<http://www.teenwritersconference.com/1.html>

**Realms of Inquiry Summer Camps (5-12 y - open to all)**  
[http://www.realmsofinquiry.org/index.php?option=com\\_content&view=category&layout=blog&id=35&Itemid=49](http://www.realmsofinquiry.org/index.php?option=com_content&view=category&layout=blog&id=35&Itemid=49)

**Superior Aquatics-Offers swim lessons at Fremont pool. Call Crystal at 801-637-7140**

**Camp Invention** - multiple Utah locations  
<https://register.campinvention.org/eforumnihf/webpages/MainPage.aspx>

**Christa McAuliffe Space Education Center** (Alpine School District) (7-17) has summer day and overnight camps open to all. [www.spacecamputah.org](http://www.spacecamputah.org)

**Rowland Hall Summer Rocks (6th-8th):** 28 Sports Camps and Mini Classes for 'Tweens taught by Rowland Hall Faculty and Coaches. Everything from science and pottery to creative writing and high ropes course adventure to acting and social skills. Open to students from across the region! Most classes are offered in a.m. or p.m. slots and are 3 to 5 days in length.. [www.rowlandhallsummer.org](http://www.rowlandhallsummer.org)

**Abakadoodle:** Crayola provides specialty materials & curriculum for this PreK- 12yo program at site around the state. "Abakadoodle provides remarkable art classes, art camps and art parties and special events for children ages twenty months to twelve years old at schools, community centers and other convenient locations. The Abakadoodle mobile art education program is one of the most popular creativity programs in the world providing innovative art classes, art camps and art parties to tens of thousands of children across the country since 2003." <http://www.abakadoodle.com/ut01/>

**Higher Ground Learning:** "Higher Ground Learning is a creative learning center for all ages, providing students with educational alternatives that stimulate the intellect and imagination. From one-on-one instruction to our workshops and classes, we specialize in innovative and experiential curricula, giving each student a chance to explore his or her interests, develop life skills, and experience the passion of learning.  
<http://www.highergroundlearning.com/>

**Bytes of Brilliance:** Camp is for girls age 12–17. Participants will: 1. Program in VisualBasic 2. Program robots 3. Program computer games. [Download flyer here.](#)

**Utah Museum of Natural History:** UMNH Summer Camp offers children a chance to explore subjects ranging from rocks to space, from water to sound, from the ecosystems in their own backyards! UMNH Camps are taught by experienced UMNH Science Educators. Kids are learning while having fun! <http://www.umnh.utah.edu/summer2009>.

**Wasatch Kids Camp:** Offers a summer camp experience for kids of all backgrounds. Call 801-828-7142 or go to <http://www.wasatchkidscamps.com/> for more information.

**Camp Great Salt Lake:** Great Salt Lake Institute invites you to spend a few days as a scientist examining this extreme environment. How does the lake harness sunlight? What lab techniques can we use to detect life? Do the brine shrimp really look like Sea Monkeys? Get wet and get salty in this inland sea exploration. Sponsored in part by a grant from Utah's WIRED (Workforce Innovation in Regional Economic Development) program.

[http://www.westminstercollege.edu/great\\_salt\\_lake\\_institute/index.cfm?parent=8713](http://www.westminstercollege.edu/great_salt_lake_institute/index.cfm?parent=8713)

### **FREE STUFF:**

**Salt Lake County Library** <http://www.slco.lib.ut.us/>

- **Kid Links:** [http://www.slco.lib.ut.us/kids\\_page.htm](http://www.slco.lib.ut.us/kids_page.htm)
- **Teen Links:** [http://www.slco.lib.ut.us/teen/teen\\_index.htm](http://www.slco.lib.ut.us/teen/teen_index.htm)
- **Language Study:** [http://www.slco.lib.ut.us/database\\_languages.htm](http://www.slco.lib.ut.us/database_languages.htm)
- **Calendar:** <http://www.slco.lib.ut.us/progs.htm>

**Park District** <http://www.slcgov.com/publicservices/parks/>

**Utah Families "No More Bored Kids Calendar" -**

<http://www.utahdiscovery.com/uf/calendar.php>

**Go City Kids upcoming events calendar**

<http://gocitykids.parentsconnect.com/region/salt-lake-city-ut-usa>

**Find a Museum:** [http://museums.utah.gov/find\\_a\\_museum/region.php?sort=name](http://museums.utah.gov/find_a_museum/region.php?sort=name)

**Museums have FREE Days -** <http://www.utah.com/museums/>

**Play Giant Chess @ Gallivan Center while listening to a free lunch concert** - you can checkout the large pieces at the ?? (Marni A)

<http://www.slcgov.com/PublicServices/Gallivan/lunchbunch.html>

Our whole family likes to go downtown for the **Concerts in the Park at the Brigham Young Memorial Park** (State Street and 2nd Ave). June-August Tuesday and Friday nights. Bring few blankets/camp chairs - This is not a religious program, the concerts are clean family fun! <http://www.lds.org/placestovisit/location/0,10634,1894-1-1-1,00.html>

**Science Experiments are fun!** Get a FREE Experiment of the Week emailed from Robert Krampf or visit his site. <http://krampf.com/members/> or FREE tele-classes + resources from Aurora Lipper at <http://www.superchargedscience.com/freestuff.htm>

**Letterboxing** is a fun free activity. It is like getting a treasure map and looking for a hidden treasure. There are letterboxes all over the United States. The website has all the instructions of how to get started and on your way. There are a wide variety of adventures to suit all ages. <http://letterboxing.org/> This is a good alternative for geo cashing for those who don't have GSP receivers.

**Start your own 4H Club!** Kids K-12 can join an open club (6<sup>th</sup>-9<sup>th</sup> community clubs or the Dog Training Club) or create one with 5 kids (from 3 families) at your school or in your neighborhood – 4H provides training and curriculum to parent volunteers who lead the group – dues are \$1 (covers insurance). Wow! Not just horses and livestock, 4H offers opportunities in everything from robotics to mock legislature to cooking to dog training! Summer Camps are open to all kids (including one on robotics). Check it out at <http://saltlakecounty4-h.org>

## **UTAH PARENT CENTER INFORMATION DISCLAIMER**

*Our mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support. The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M020032. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Only approved items are included herein. The UPC is not responsible for information or services provided by agencies, organizations, or individuals listed. Readers are responsible to investigate resources to determine if appropriate when making informed decisions. Permission to reprint the information herein is granted with complete attribution.*

