How a Chaplain Can Help
Patient Education

At Huntsman Cancer Institute, spiritual care and chaplain services are available as part of your health care. Spiritual care can be a useful and integral part of your cancer treatment and survivorship. Chaplains offer a listening ear and a caring relationship for you and your family. They can provide assistance and support as requested, whatever your religion or spiritual path.

A Chaplain’s Role in Your Treatment and Care

• Be an advocate for your spiritual, emotional, and physical well-being
• Help you express concerns, feelings, or rights to family members or medical staff
• Listen, discuss, and help you work through hard decisions
• Help you define your quality-of-life goals
• Help you prepare for end-of-life with support and education
• Assist in finding support systems and coping strategies for stress and other concerns
• Help you resolve conflicts
• Help you explore or manage feelings such as anger, fear, and guilt
• Provide counseling and support for feelings of anticipatory grief and loss

A Chaplain’s Role in Faith, Religion, and Spirituality

• Help you find and articulate meaning within your life
• Pray (aloud, silently, with others, or alone) for you or a family member according to your preference
• Read sacred texts or scriptures of your choosing
• Offer guidance about spiritual practices
• Find resources such as literature, sacred objects, or spiritual teachers to facilitate a religious practice
• Perform a rite or ceremony that is meaningful to you
• Help you explore faith and reflect on your beliefs about divine care, control, and guidance
• Help reconcile concepts of the divine with the existence of evil and suffering
• Arrange care for a loved one’s body after his or her death
• Help resolve estrangement from a faith community
• Hear confessions or regrets about thoughts, words, actions, or failures to act

For Spiritual Care Services, dial FAITH from your hospital phone or call 801-213-2484.