Patient and Family Support
Concerns of Caregivers and Family Members

Patient and Family Support staff at Huntsman Cancer Institute are committed to helping patients and their loved ones cope with life changes brought about by a cancer diagnosis. We are available to provide emotional, spiritual, and practical support to our patients and their caregivers.

Please let us know how we can support you by putting a check mark (√) next to any of the concerns you may be experiencing. Return this form to your social worker or nurse.

Practical Problems
___ I’m worried about finances.
___ I have concerns about managing work or school.
___ I need help with transportation.
___ I need help with housing or lodging.
___ I would like a communication plan with the healthcare team.
___ I need help understanding the patient’s illness.
___ We need help completing a living will or advance healthcare directive.
___ I have questions about hospice or home care.

Caregiver’s Physical Problems
___ I’m exhausted.
___ I don’t get enough sleep.
___ I’m worried about our ability to have children.
___ I have problems taking care of my own health.
___ I’m not able to provide care to the patient.

Emotional Concerns
___ I feel sad or depressed.
___ I feel worried, nervous, or anxious.
___ I’m experiencing feelings of grief and loss.
___ I feel guilty, angry, or upset.
___ I’m having trouble managing my emotions.
___ Things don’t feel normal anymore.
___ I feel like I’ve lost control.

Relational Concerns
___ My roles have changed in my relationships.
___ I’m feeling a loss of intimacy.
___ I’m experiencing changes in my relationships.
___ I feel isolated or alone.
___ I would like help communicating with family, friends, or children.
___ I could use more help from others.
___ I have difficulty accepting help from others.

Spiritual Issues
___ This experience is challenging my faith.
___ I’d like help dealing with forgiveness issues.
___ I have questions or concerns about the possibility of death and what happens after death.
___ I’d welcome a multi-faith chaplain to support my spirituality.

If you have any questions or concerns, please contact Patient and Family Support at 801-213-4361.