Speak up if you have questions or concerns. Keeping you safe is our number one priority. If you feel unsafe at any time, speak up and ask questions. It’s your body and you have the right to know.

Pay attention to your care. Always make sure you get the right treatments and medicines from the right health care professionals. Work with your health care team to develop a plan that you all agree is the best for you.

Educate yourself about your illness. Write down important facts your doctor tells you. Ask your health care team for written health sheets you can take with you to learn more. Don’t be afraid if you don’t understand something; your health care team is there to answer your questions.

Ask a trusted family member or friend to be your supporter. Make sure this person knows your wishes about treatment in case you are unable to make that decision. If you like, they can also stay overnight with you at the hospital.

Know what medicines you take and why you take them—even those that are not prescribed. Medicine errors are the most common health care mistakes. To increase your feelings of safety, question new medicines you are getting in the hospital if you have not yet been informed about them.

Use a hospital, surgery center, or clinic that has been carefully checked out. For example, a national hospital accreditation organization called The Joint Commission visits Huntsman Cancer Hospital regularly to ensure quality standards are being met.

Participate in all decisions about your treatment. You have the right to know about treatment options, have a copy of your medical records, and have all your concerns addressed. Your health care providers want you to be a part of your treatment plan and be comfortable with your care.