Temodar® with Radiation
Patient Education

What Is Temodar?
Temodar is a chemotherapy drug used to treat some types of cancers. Its generic name is temozolomide. Your health care team has chosen the Temodar with radiation plan. The Temodar dose is based on your height and weight. The amount you take may change during your treatment.

What Is the Treatment Plan?
You will take Temodar every night during the entire course of the radiation treatments, including weekends and holidays. Take the first dose the night before starting radiation. You will take the last dose of Temodar the night before your last radiation treatment.

Managing Side Effects
You are likely to have some side effects when you take Temodar. Here are some problems you can expect and some hints that will help ease them:

- **Fatigue** – Temodar will make you feel very tired. This is normal. Try not to nap late in the afternoon so you can sleep well at night.

- **Nausea** – Taking Temodar alone will make you feel sick to your stomach. Be sure to take Zofran (generic name: ondansetron) 30 minutes before you take Temodar to help keep your stomach settled. If you need to, you can take another Zofran pill every eight hours.

- **Constipation** – Your bowel movements will become hard to pass while taking Temodar. Many over-the-counter medications can help. We recommend a stool softener such as Miralax® or Colace®. Take it daily according to package directions. Other options include laxatives such as Dulcolax®, or a stool softener and laxative combination such as Senna S.

- **Infections** – During your cancer treatment, you may be more likely than usual to get infections. This is because Temodar may lower the number of cells in your blood that fight infections. Your health care team will check your blood at least monthly to make sure the number of infection-fighting cells in your blood does not get too low.

Here are hints to help prevent infections:
- Wash your hands with soap and water or use hand sanitizer often. Remind your family and guests to clean their hands too.
- Avoid people who are sick. If someone you live with is sick, wear a mask to protect yourself from germs.
- Clean the fruits and vegetables you eat thoroughly. Make sure to keep cold foods cold and hot foods hot.
- Take the antibiotic your doctor prescribes every day.

If you have questions or concerns, please call your health care team at ________

Thirty minutes before taking Temodar, take _____ mg of Zofran to control nausea.

At bedtime and at least two hours after a meal, take _____ mg of Temodar on an empty stomach. Do not eat again for at least one hour.

Temodar capsules are color-coded. Take the number of capsules shown below:

<table>
<thead>
<tr>
<th>5 mg</th>
<th>100 mg</th>
<th>180 mg</th>
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<tbody>
<tr>
<td>20 mg</td>
<td>140 mg</td>
<td>250 mg</td>
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Start date: __________