What Is a Transnasal Esophagoscopy?
A transnasal esophagoscopy (TNE) uses a thin, flexible tube to examine the throat, esophagus, and upper stomach area. The tube (called an endoscope) has a camera and a light on the end that allows doctors to see what may be causing pain, coughing, or difficulty swallowing.

The endoscope is inserted through the nose and goes down the throat and into the esophagus. Doctors may take small pieces of tissue to check for cancer cells. This is called a biopsy.

Most patients have little or no pain during a TNE. Some patients are not able to have a TNE due to the shape of the nose. For example, it may be too narrow for the tube to pass through.

About the Procedure
- Do not eat for four hours before a TNE.
- The doctor will numb your throat, but you will stay awake. Expect not to eat or drink for about an hour after a TNE.
- A TNE only takes 5 to 10 minutes, but may take longer if many biopsies are necessary.
- Air is used to hold open the esophagus and stomach for viewing through the endoscope.

What Are the Side Effects of a TNE?
Some patients experience these side effects:
- A nosebleed
- Feeling gassy or bloated for a short time after
- Feeling dizzy for a short time after

For More Information
If you have questions or concerns, please call 801-587-4566.
If you need to reschedule or cancel your appointment, please give 24 hours notice.