Huntsman Cancer Institute is conducting a study to compare the effectiveness of two different health programs:

- Changes in diet and exercise to decrease stress, reduce weight, and increase health
- Psychosocial strategies combined with changes in diet and exercise to decrease stress, reduce weight, and increase health

If you are a woman with any type of cancer and you have completed chemotherapy, you may be eligible to participate in this 10-week program. For participating in the research, you can take part at no cost.

For more information, please contact:

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