



SLEEP~WAKE CENTER

375 Chipeta, Suite A200
Salt Lake City, UT 84108

Phone: (801) 581-2016



From I-15 northbound

- 1 Take the 600 South exit and go east approximately 2 miles to 700 East.
- 2 Turn left and drive for two blocks until you reach 400 South.
- 3 Turn right and proceed east on 400 South for 2.1 miles. (400 South will curve and become 500 South after .5 miles and then becomes Foothill Boulevard after 1.5 miles)
- 4 Turn left at Wakara Way.
- 5 Continue on Wakara Way to the 4 way stop sign.
- 6 Go through the intersection. (do not turn) Take the first right into the Sleep~Wake Center parking lot.

From I-15 southbound

- 1 Take the 400 South exit. At the first stoplight, turn left onto eastbound 400 South.
- 2 Proceed eastbound on 400 South for 4.5 miles. (400 South will curve and become 500 South after 3 miles and then becomes Foothill Boulevard after 4 miles)
- 3 Turn left at Wakara Way. Continue on Wakara Way to the 4 way stop sign.
- 4 Go through the intersection. (do not turn) Take the first right into the Sleep~Wake Center parking lot.

From I-80 westbound / Foothill Drive

- 1 Take exit 129 for Foothill Drive.
- 2 Continue along Foothill drive 2.7 miles and turn right at Wakara Way. (You will see the Orthopaedic Center on the corner of Foothill Drive and Wakara Way)
- 3 Continue on Wakara Way to the 4 way stop sign.
- 4 Go through the intersection. (do not turn) Take the first right into the Sleep~Wake Center parking lot.

From Salt Lake International Airport / I-80 eastbound

- 1 Take I-80 East towards Salt Lake City to exit 121 for 600 South.
- 2 Follow 600 South approximately 2 miles to 700 East.
- 3 Turn left and drive for two blocks until you reach 400 South.
- 4 Turn right and proceed east on 400 South for 2.1 miles. (400 South will curve and become 500 South after .5 miles and then becomes Foothill Boulevard after 1.5 miles)
- 5 Turn left at Wakara Way. Continue on Wakara Way to the 4 way stop sign.
- 6 Go through the intersection. (do not turn) Take the first right into the Sleep~Wake Center parking lot.

Parking

Parking is free for patients and visitors of the Sleep~Wake Center.

PUBLIC TRANSPORTATION

Utah Transit Authority (UTA) Buses and Trax

UTA schedules, bus routes, and maps can be found at rideutah.com, or you may call (888) RIDE-UTA. There is a UTA bus stop located directly in front of University Hospital. TRAX trains arrive and depart from the University of Utah campus approximately every 15 minutes.



The Medical Center TRAX stop is located directly across the street from Primary Children's Medical Center. You may access University Hospital by entering Primary Children's Medical Center and taking the skybridge on the 4th floor. For locations other than University Hospital, there is a bus stop across Mario Capecchi Drive from the TRAX station where you can catch a campus shuttle directly to your appointment. The shuttle will also return you to the TRAX station after your appointment.

University of Utah Campus Shuttle

Campus shuttles are in service from 6 a.m. to 6 p.m. Campus shuttle bus information can be online by visiting parking.utah.edu or you may call (801) 581-4189. There is no campus shuttle service on weekends or University holidays.

Taxi Cabs / Rental Cars

City Cab Co.
(801) 363-5550

Ute Cab & Rent-A-Car
(801) 359-7788

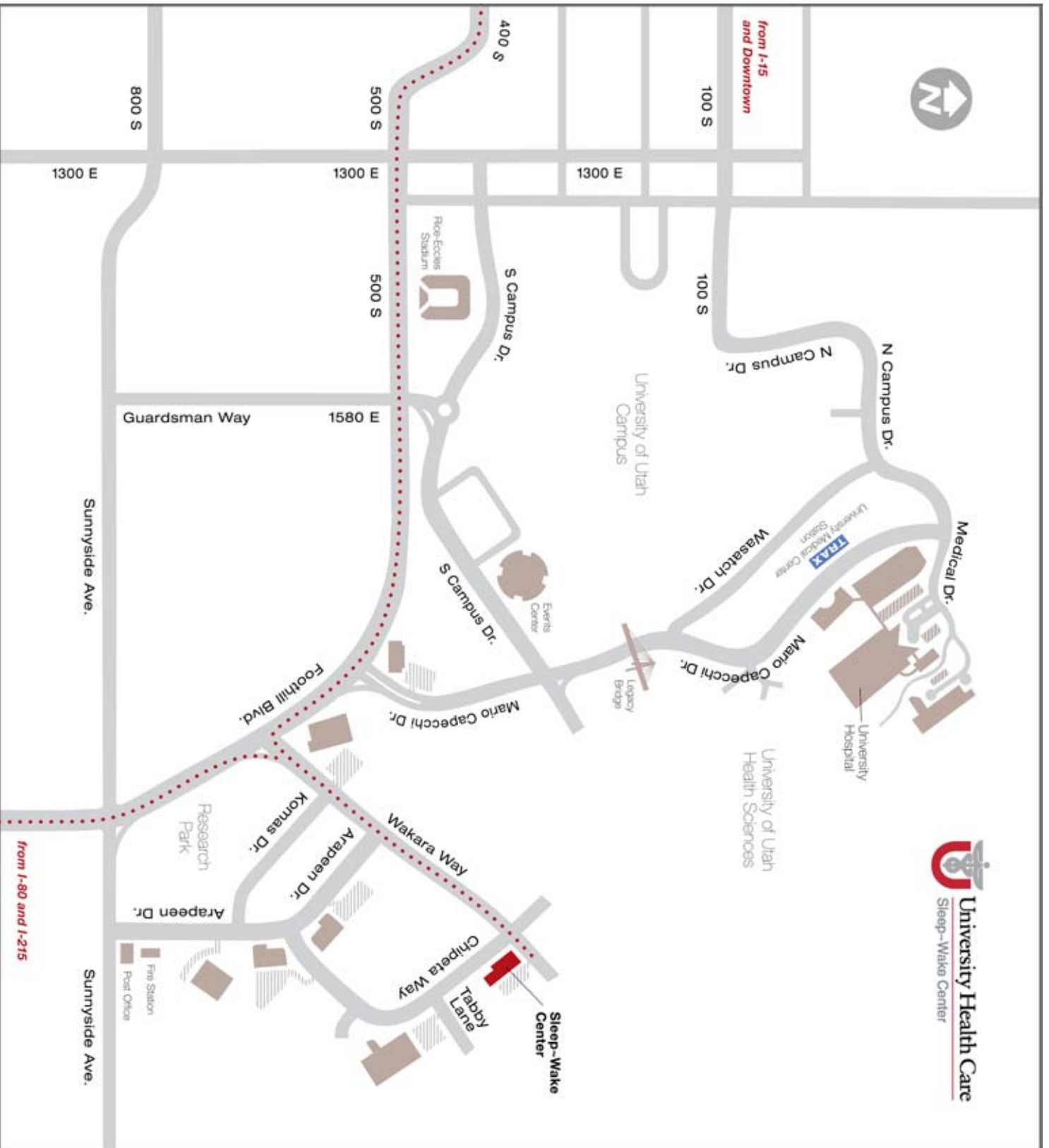
Yellow Cab
(801) 521-2100



Dollar Rent-A-Car
(801) 575-2580

National Car Rental
1-800-CAR-RENT



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- Road 
- Route 
- Parking 