

Emergency Guide: **Know Where to Go**

When an emergency strikes, make sure you know where to go for care. This checklist is a quick guide for common emergencies. If the situation is life threatening, call 911 or go to the emergency room.

	PRIMARY OR URGENT CARE	EMERGENCY ROOM	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Allergic reaction that causes difficulty swallowing <i>(or call 911)</i>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Animal or insect bites
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Asthma attack (severe) <i>(or call 911)</i>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Broken bone <i>If skin is punctured, go to the ER or call 911.</i>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Burns <i>If severe, go to the ER.</i>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Chest pain (severe) <i>(or call 911)</i>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Concussion <i>If loss of consciousness, go to the ER.</i>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coughs
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cuts <i>If uncontrolled bleeding, go to the ER.</i>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dizziness
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Eye injuries

	PRIMARY OR URGENT CARE	EMERGENCY ROOM	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Fever <i>If very young infant has fever or adult has fever of 105-plus degrees, go to the ER.</i>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Headache <i>If severe, go to the ER.</i>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nausea or upset stomach
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	CALL 911 Numbness in arm or leg, difficulty speaking, face drooping
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Rashes
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Seizure (without an epilepsy diagnosis)
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sinus pain
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Shortness of breath <i>If severe, go to the ER or call 911.</i>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sore throat
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sprained ankle
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Urinary tract/bladder infections
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Vomiting <i>If vomiting blood, go to the ER.</i>

*** CARE CLOSE TO HOME** To find a primary care, urgent care or emergency care facility near you, visit healthcare.utah.edu/find-a-location.