

TOP INSIDE PAGE

HOME STAFF ANNOUNCEMENTS

We are very excited to introduce Emily Navar, APRN and Amy Irvin, OT as new members of HOME medical team.

Emily Navar joined the Neurobehavioral HOME program in January 2021. She is family nurse practitioner who earned her doctorate degree from the University of Utah and her Bachelor of Science in Nursing from Johns Hopkins University. Emily enjoys working within a team of healthcare providers serving and advocating for people with developmental disabilities. She is especially interested in working with pediatric patients and helping them transition to adult care. Emily grew up in El Paso, TX and speaks English and Spanish. She enjoys growing her own food in the garden and is a USU certified master gardener.



Amy Irvin is a fairly new member of the team here at the Huntsman Mental Health Institute HOME program but has been serving the autism community as an Occupational Therapist for three years. She enjoys collaborating with other clinicians, families, and the resilient and wonderful clients she has the privilege to work with. A graduate of the University of Southern California, (where she spent extra time focusing on sensory processing) her background is diverse but focuses on neurology and neuro difference and includes, but is not limited to, ASD, ADHD, traumatic brain injury, spinal cord injury, and stroke. A priority for Amy is a team approach that focuses on the whole individual including activities of daily living, sensory processing, emotional regulation, behavior, cognition, gross and fine motor skill acquisition, and most especially, access to meaningful occupation. In her spare time, Amy enjoys travel and art making. She looks forward to meeting with clients and helping them understand the way's Occupational Therapy can meet their needs and improve their quality of life.



HOME extends a very warm welcome to Emily and Amy!!!

We had to say goodbye to McKena Clayson (Front Desk), Britni Hulser and Toni Jones (HOME therapists). They will be dearly missed by patients and staff. We wish them all the best!

MIDDLE SECTION HOME MATTERS
WHAT SHOULD I DO.....

I need another copy of member handbook	<ul style="list-style-type: none"> ✓ Call HOME at 801-585-1960 ✓ Request one at your next visit
I have difficulty reading	<ul style="list-style-type: none"> ✓ Ask for a handbook in larger print
I want HOME to review a coverage decision regarding my healthcare	<ul style="list-style-type: none"> ✓ You may file an appeal ✓ The Appeal Request Form is available at https://app.secure.uuhsc.utah.edu/uhealthPlans/forms/appeal/ ✓ We will mail/fax a copy of the form at your request ✓ Call us at (801) 585-1960 or (1-800) 824-2073
I am not satisfied with my HOME services/staff experience	<ul style="list-style-type: none"> ✓ Speak to your case manager or an administrator ✓ Call HOME Member Services at (801) 585-1960 ✓ Write a letter explaining your problem ✓ Call us at (801) 585-1960 or (1-800) 824-2073
I am in crisis and need help, but it does not feel like a life threatening emergency	<ul style="list-style-type: none"> ✓ During office hours, Call (801) 581-5515 and ask for an appointment or your Case Manager ✓ Outside office hours, call (801) 587-3195 and tell the crisis worker you are with HOME and explain your problem or you may visit one of the urgent care centers listed in your provider directory
I feel I am in a Life Threatening Emergency	<ul style="list-style-type: none"> ✓ Call 911 or got ER immediately

BOTTOM INSIDE PAGE: DID YOU KNOW SECTION

Covid 19 News:

With the recent Covid 19 vaccine availability and change in gathering recommendations, everyone at the HOME Program would like to thank families and caregivers for all their hard work to keep our patients healthy and safe over the past year. We look forward to when all of our patients and caregivers will be immunized.

If you have been fully vaccinated for Covid 19 (two weeks after having 2 doses of Pfizer or Moderna, or two weeks after having single dose of Johnson and Johnson):

- You don't need to wear a mask and don't need to physically distance when visiting other fully vaccinated people indoors.
- You don't need to wear a mask and don't need to physically distance when visiting unvaccinated people in a single household who are at low risk for Covid 19.
- You should continue to take precautions in public such as wearing a mask and physically distancing.
- Avoid large in-person gatherings and poorly ventilated spaces.
- Cover coughs and sneezes.
- Wash hands often.

You can get most recent updates on Covid-19 testing, vaccinations and other important resources at the University of Utah Health care website: <https://healthcare.utah.edu/coronavirus/>

Informacion sobre salud mental disponible en : <https://healthcare.utah.edu/coronavirus/espanol/uni-servicios-de-salud-mental.php>

- We now have the ability to schedule in-clinic appointments for all our providers, please let the front desk know when you schedule appointments if you would like to be seen in-clinic or via telehealth.
- We are now able to offer same day sick visits and behavioral crisis visits. Contact the front desk or your case manager

Resilience is not what happens to you. It's how you react to, respond to, and recover from what happens to you..... Jeffrey Gitomer



HOME INTERDISCIPLINARY FEEDING CLINIC

Feeding disorders in children significantly impact their lifelong well-being by impeding nutrition, development, and growth. With timely and early identification and intervention, these disorders are manageable. The feeding clinic provides a team approach to the assessment and treatment of individuals' feeding and swallowing difficulties.

Is your child a picky eater?

Do you struggle with mealtimes?

The Neurobehavior HOME Program offers interdisciplinary feeding assessments and intervention services to support individuals with feeding problems*

*Feeding problems may include, but are not limited to, food selectivity, food refusal, inappropriate mealtime behavior, or texture aversion

The feeding clinic serves individuals who are:

- Neurodiverse or have a developmental disability
- Ages 2 - 21 (focus on pediatrics, but may be able to serve across the lifespan depending on referral concern)

If interested, please speak to your case manager or contact:

u-ttec_feedingclinic@hsc.utah.edu

(801) 587-1842

Aaron J. Fischer, PhD, BCBA-D, LP

