



School Safety and Crisis Chat & Tip Line

Dear Parent(s)/Guardian(s),

We wanted to share some good news with you; your school now has access to SafeUT! SafeUT is a tool designed to provide confidential, two-way communication with crisis counselors through the SafeUT mobile app. Any student, parent/guardian, or educator may utilize this app at no-cost!

SafeUT services are provided through the University of Utah's Crisis & Community Support services at the Huntsman Mental Health Institute (HMHI), and all interactions are handled by licensed, master's level clinicians. Anyone who starts either a crisis chat or phone call through the mobile app will be directly connected with a crisis counselor.

Students, parents/guardians, and educators may also use the SafeUT phone app to send school and student safety tips. All tips are completely confidential.



We are here to help your community. If at any time you need assistance with a crisis, please feel free to use SafeUT to connect with our crisis workers, 24/7, 365. The SafeUT mobile app is available in the Apple and Google Play stores. Search and select "SafeUT."

Students will receive training on how to use the SafeUT app from school administrators or the SafeUT Outreach and Marketing Team. Please join us in creating a culture of health and safety by promoting SafeUT in your home and community.

Welcome to SafeUT! We're always here for you. 24 hours, 7 days a week, 365 days a year.

In Health,

The SafeUT Outreach & Marketing Team
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Frequently Asked Questions

What is SafeUT?

SafeUT is an app that provides two-way communication with a licensed SafeUT staff member as well as a school tip line. Through the app, you can chat with or call a SafeUT counselor. If you are a student/parent/educator, you can submit a tip to your school about a concern for a friend, a school safety issue, or other related topics.

Why SafeUT?

SafeUT is an easy, accessible, and active way to help your students. You are giving them a tool they can use on their own, allowing them to take action in their own life and the life of a friend.

How can I support my child with SafeUT?

Encourage your child to talk about their emotions and let them know the app is available to support them. Listen to their concerns about school issues. If your child feels anyone's safety or mental well-being is threatened, suggest submitting a tip.

As a parent, can I use SafeUT?

Absolutely. On the SafeUT app, you can set your status to "Parent" and you can chat with one of our SafeUT counselors as well as submit a tip to your child's school.

What are common issues counselors support SafeUT Users with?

- Stress
- Anxiety
- Depression
- Abuse
- Self-harm
- Drug and alcohol problems
- Relationship issues
- Family
- School
- Money
- Work
- Thoughts of suicide
- More

Who responds to messages?

In the "Crisis Chat" feature, full-time staff respond to all messages received. Staff are caring, licensed mental health counselors who specialize in supportive listening, problem solving, crisis intervention, and suicide prevention. School Tips, through the "Submit a Tip" feature, are screened for emergency content and forwarded to selected schools for school personnel to address directly using school protocols.

What about privacy?

SafeUT is a confidential chat and reporting tool. We do not ask for personal information, nor do we hold any personal information in the app. Unless asked by our clinicians to provide a name (if you feel comfortable) you are not obligated to disclose you or your student's information.