Dear Faculty and Staff,

We wanted to share some good news with you; your school now has access to SafeUT! SafeUT is a tool designed to provide confidential, two-way communication with crisis counselors through the SafeUT mobile app. Any student, parent/guardian, or educator may utilize this app at no-cost!

SafeUT services are provided through the University of Utah’s Crisis & Community Support services the Huntsman Mental Health Institute (HMHI), and all interactions are handled by licensed master's level clinicians. Anyone who starts a crisis chat or phone call through the mobile app will be connected with a crisis counselor.

Students, parents/guardians, and educators may also use the SafeUT phone app to send school and student safety tips. All tips are completely confidential.

We are here to help your community. If at any time you need assistance with a crisis, please feel free to use SafeUT to connect with our crisis workers, 24/7, 365. The SafeUT mobile app is available in the Apple and Google Play stores. Search and select “SafeUT.”

Students will receive training on how to use the SafeUT app from school administrators or the SafeUT Marketing and Outreach Team. Please join us in creating a culture of health and safety by promoting SafeUT to your students and within your community.

Welcome to SafeUT! We are always here for you. 24 hours, 7 days a week, 365 days a year.

In Health,

The SafeUT Marketing and Outreach Team

Huntsman Mental Health Institute
501 Chipeta Way
Salt Lake City, Utah 84108  |  801-587-8852
Frequently Asked Questions

What is SafeUT?
SafeUT is an app that provides two-way communication with a licensed SafeUT staff member as well as a school tip line. Through the app, you can chat with or call a SafeUT counselor. If you are a student/parent/educator, you can submit a tip to your school about a concern for a friend, a school safety issue, or other related topics at no charge to you or the school.

Why SafeUT?
SafeUT is an easy, accessible, and active way to help your students. You are giving them a tool they can use on their own, allowing them to take action in their own life and the life of a friend.

How can I support students at my school with SafeUT?
Encourage students to talk about their emotions and let them know the app is available to support them. Listen to their concerns about school issues. If a student feels anyone’s safety or mental well-being is threatened, suggest using the app to submit a tip.

What are tips?
Tips are concerns students communicate via the app such as bullying, concern for another student, or similar worries. These are initially received by SafeUT staff who evaluate if immediate assistance is needed. If not, the tips are forwarded to the school's SafeUT online dashboard.

As an educator, can I use SafeUT?
Absolutely. On the SafeUT app, you can set your status to “Educator” and you can chat with one of our SafeUT counselors as well as submit a tip to your school.

Who responds to messages?
In the “Crisis Chat” feature, full-time staff respond to all messages received. Staff are caring, licensed master’s level therapists who specialize in supportive listening, problem solving, crisis intervention, and suicide prevention. School Tips through the “Submit a Tip” feature are screened for emergency content and forwarded to selected schools for school personnel to address directly using school protocols.

Why don't I see my school in the SafeUT app?
Schools must be enrolled in order for the school to appear on the SafeUT app.

What is our school’s role in SafeUT?
Your school has selected the contacts who will receive and investigate any tip they receive. They are responsible for responding to all tips that get submitted and following up with the respective parties to ensure the safety of all involved.