

Check out our website at SafeUT.org for more information

New Roles for the Marketing & Outreach Team



Ashley Pistello
Project Administrator
Liaison between USBE & SafeUT
Ashley.Pistello@utah.edu



Marnie Saunders
Project Facilitator
K-12 Point of Contact
Marnie.Saunders@hsc.utah.edu



Will Leavitt
Project Facilitator
Higher Ed/National Guard
Point of Contact
Will.Leavitt@hsc.utah.edu

SafeUT Updates Spring 2020 Presentation

We recently held a SafeUT Spring 2020 Updates Skype presentation for all K-12 and Higher Ed Admin Users. Thanks to those who were able to attend. If you were unable to attend, you were emailed a link on May 12 to watch the recorded presentation. Please contact us with questions!

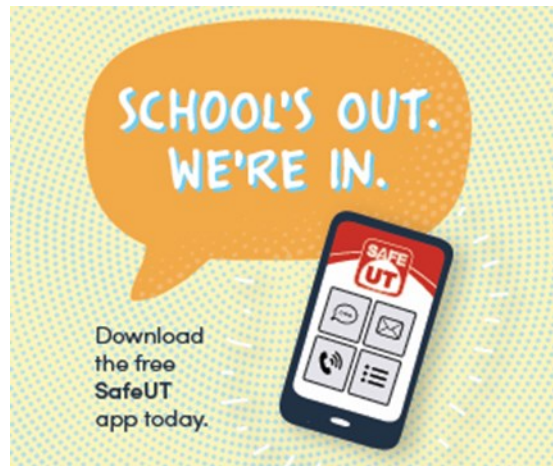
Message from a Parent to SafeUT

Success Stories



I just want to say thank you. My daughter has the SafeUT app on her phone. She has been depressed a long time. We didn't realize how depressed: enough to attempt suicide by taking a large amount of common pills. After taking the pills and passing out or falling asleep for a while, a voice in her head (I believe God or a loved one that has passed on) told her, "Get up and call SafeUT." She probably wouldn't have died, but if she hadn't gotten up and gotten help/advice, she could have suffered serious liver damage and ongoing issues related to that. When I heard her on the phone around midnight, I went to see what was wrong. My daughter handed me her phone and the young woman at SafeUT told me what had happened so that we could get her to the emergency room and get the treatment she needed (which is ongoing). Thank you for providing a valuable community service that especially helps youth with these kinds of troubles.

If you have any questions or need additional marketing materials please email us at SafeUT@hsc.utah.edu.



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SafeUT in the News

Click on the link below to read how Utah is preparing to meet the mental health demands of Covid-19.

<https://ksltv.com/434816/utah-mental-health-covid-19/>

Training Tips



How to Create Blackout Dates for Summer*

1. Go to SafeUT.med.utah/portal and log in.
2. In the home screen, at the top left, click “Management.”
3. Select the appropriate school.
4. Select the dates you want to black out on the calendar.
5. Choose whether you would like to receive tips on weekends or not.
6. Click “Save.”

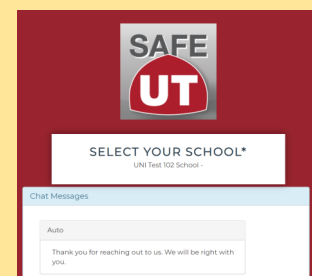
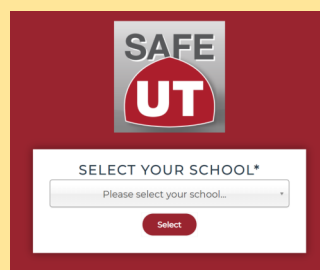
*Only SafeUT users with a role of District Admin. can create Blackout Dates.

For more training tips, visit the SafeUT.med.utah/portal. Click on **Training** in the heading.

Highlights



The new chat feature is live on the website at <https://safeut.med.utah.edu/>. Those without access to a smartphone may now chat back and forth with a licensed mental health therapist by clicking on “Start a Chat.” on the website.



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