

Head Huggers: Sewn Pattern 1



Hancock Fabrics Store Sewn Chemo Cap

Sewn Head Hugger

Designed by: Hancock Fabrics' Home Economists

Choosing an all-cotton knit makes these easy caps very comfortable on sensitive skin. Some folk state that this pattern is a tad too tight... so you may wish to increase the size of the band pieces from 17" x 21.5" to measure 17" x 22" (adding 1/2" to the circumference of the band).

Find the pattern on Hancock's website under Free Projects: [Chemo Caps](#).

Materials: (makes 2 (adult medium/large size)

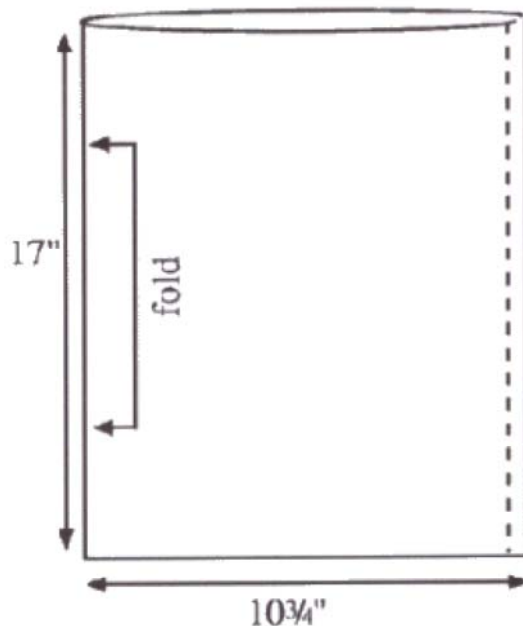
- 1/2 yard 60" cotton interlock knit
- thread

Cut:

(2) 17" x 21 1/2 " pieces (band) (21 1/2" is stretch of fabric)
 (4) 7 1/4" circles (crown)

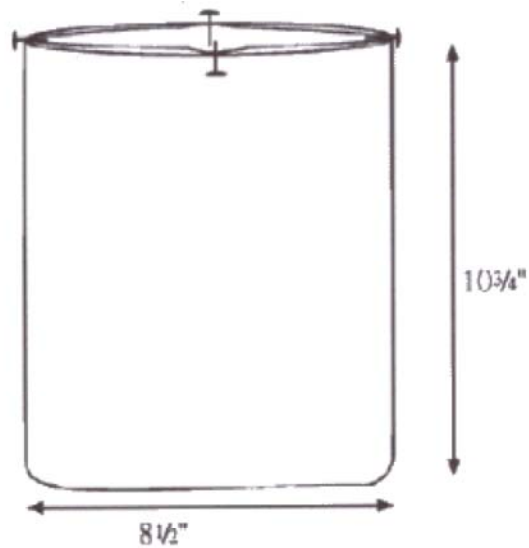
Directions: 1/4" seam allowance RST - Right Sides Together

1. RST, fold each band to measure 10 3/4" x 17". Stitch as shown. Press seam open.



2. Wrong sides together, bring one end of each band through tube, matching seam and raw edges. Quarter and pin mark along doubled raw edge.





3. Lay two circles wrong sides together for each crown. Quarter and pin mark each. Matching marks, pin a crown to inside of each tube. Stitch, easing as necessary. Turn.
4. **To wear:** Band may be folded up once or twice to create a comfortable fit.

See [Knit Flower Pattern](#) if you want to add the flower shown on the lower photo.

[[Patterns List](#) | [HeadHuggers Home](#)]
Last Updated: October 14, 2005