October 2
Collaged Journals
Creative journaling will help you create a space all your own for expressing your thoughts and days! Come join us to make a book and start designing with stamps, paints and other embellishments.

October 9
Ceramic Tile Art
Please join us in creating these personal decorated tiles. Great to share with friends!

Emily Byrd
Artist-in-Residence

October 16
Jewelry and Beading
Please join us for a simple and fun Jewelry and beading class!

October 23
Painted Gourds
Come paint a fun and unique autumn craft using craft gourds!

October 30
Scratchboard Art
We will be having fun practicing the skill of scratchboard art! Similar to etching, this class will teach the basics of scratching a design into specialty paper for a beautiful piece of art.

All materials provided. Patients, caregivers, and staff welcome.

Drop in any time between 10:00 a.m. and noon and 12:30-5:00 p.m. on Tuesdays
Multipurpose Room 6th Floor

To register, call 801-587-4585
For class updates and cancellations please join:
www.facebook.com/groups/hciwellnesscenter/