INTRODUCTION TO NEURO-OPHTHALMOLOGY

_________________________ has been referred for a neuro-ophthalmology consultation. The appointment is scheduled on ________________________________ at ________________________________

With:  Kathleen B. Digre, MD      Judith E.A. Warner, MD
      Bradley J. Katz, MD           Alison V. Crum, MD
      Reuben M. Valenzuela, MD

I have enclosed a health history form with this letter. IF YOUR APPOINTMENT IS LESS THAN 10 DAYS AWAY PLEASE BRING THE HISTORY FORM TO THE APPOINTMENT. YOU MAY MAIL IT BACK IN THE ENVELOPE INCLUDED OR FAX IT TO 801-581-8822. It is extremely important to have a complete list of medications on this form.

ABOUT THE APPOINTMENT

The average length of this appointment is 3-5 hours. During this time, you will have a variety of different eye tests. You will also spend quite a bit of time with the physician who will go over your history, explain the findings of the tests and make recommendations for the future. There is some waiting for tests, rooms, and physicians, which accounts for the length of the appointment. Due to the fact that this is the only neuro-ophthalmology clinic in the Intermountain area, we are often very booked.

Your eyes will probably be dilated during the appointment, so if you have difficulty driving in this condition, please arrange for transportation. You may eat normally before your appointment and take your usual medications.
WHAT TO BRING

Please bring all of your medications to this appointment to ensure we have them entered properly in your medical record. This would include prescription and any over the counter supplements.

If you have had an MRI or CT scan of your head, please hand-carry the images to the appointment in the form of a CD. It is not necessary to have this performed in advance of the appointment, if you have not had one. Scans performed at the University of Utah can be accessed by us on the computer, so it is not necessary to get them.

We also need notes from the referring doctor, including any tests that have been done. These may be faxed to 801-581-8822. The physician would be interested in seeing the results of the following tests, if they have been done: eye exams, visual fields, photographs of the back of the eye, OCT, blood work, echocardiograms, carotid ultrasounds and spinal taps.

You should bring any eyeglasses you currently use. You may wear your contact lenses, but please also bring your eyeglasses.

If you are being seen for a pupil problem, please bring photographs of yourself, both past and present.

INSURANCE

Please bring your current insurance cards to the appointment. Please be prepared to pay your copay.

There is usually no need for insurance preauthorization for a neuro-ophthalmology consultation unless you have an insurance that is out-of-network. Examples of insurances that may require this are IHC Select Value, Community
Care Medicaid, Select Health Med Advantage, Aetna, United Healthcare, True Blue, Connected Care with Blue Cross of Idaho, and Tricare. These preauthorizations need to be requested by the physician who is referring you to neuro-ophthalmology.

CHECKING IN FOR YOUR APPOINTMENT

Please park in the parking terrace under the Moran Eye Center. Take the elevator to the first floor lobby. There is another set of elevators located in the first floor lobby that you need to take to the third floor. Proceed straight ahead and cross the bridge to the desks labeled “Vision Clinic” to get registered. The registration staff will direct you from there.

All of the tests and time with the doctor will be in Suite C. You may have someone with you during the appointment, if you wish. Minors need to be accompanied by a responsible party, for consenting purposes.

Questions? Please call Anne at 801-585-6541

Mailing address: Anne Chisholm

Moran Eye Center

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