

PRIMARY & GYNECOLOGICAL CARE:

We focus on healthy lifestyle promotion and problem prevention at annual exams. For women who are no longer childbearing, our care emphasizes age-appropriate health screenings and wellness coaching.

We also assist women with managing menopause, high blood pressure, thyroid issues, anxiety, depression and can provide hormonal treatments.

SEE A MIDWIFE AT ANY OF OUR EIGHT CONVENIENT LOCATIONS:

FARMINGTON HEALTH CENTER

165 North University Avenue
Farmington, Utah 84025

GREENWOOD HEALTH CENTER

7495 South State Street
Midvale, Utah 84047

MADSEN HEALTH CENTER

555 South Foothill Boulevard
Salt Lake City, Utah 84112

SOUTH JORDAN HEALTH CENTER

5126 West Daybreak Parkway
South Jordan, Utah 84009

SOUTH MAIN CLINIC

3690 South Main Street
Salt Lake City, Utah 84115

SUGAR HOUSE HEALTH CENTER

1280 E Stringham Avenue
Salt Lake City, Utah 84106

UNIVERSITY OF UTAH HOSPITAL

WOMEN'S HEALTH SERVICES
50 North Medical Drive,
Area E
Salt Lake City, Utah 84112

A+ URGENT CARE

976 Mountain City Highway
Elko, Nevada 89801

Schedule your appointment today:

801.581.4014

Join us at our next
Meet the Midwives event.
Email

**birthcare.healthcare@nurs.utah.
edu** to receive our schedule.



NURSE MIDWIFERY CARE

Known mostly for their expertise in pregnancy and childbirth, certified nurse midwives also serve as primary care providers for women through all stages of their lives. Whether you need an annual exam, are having a baby, or are going through menopause—a certified nurse midwife at University of Utah Health can partner with you for all your health care needs.



NURSE MIDWIFERY CARE SERVICES

- Annual Exams
- Birth Control
- Breast Exams
- Pap Tests
- Primary Care
- Family Planning
- Prenatal Care
- Labor & Birth
- Postpartum Care
- Menopause Care

PRENATAL CARE: INDIVIDUALIZED ATTENTION

You will receive:

- Time to discuss your concerns and explore birthing options with your midwife
- Trusted information to make informed decisions
- Guidance on what to expect and how to care for you and your baby during pregnancy
- 24-hour access to a nurse midwife

LABOR & DELIVERY: YOUR BIRTH, YOUR WAY

Your birth experience is important to you and important to us. Our goal is to help you have a healthy pregnancy and birth. We empower women to make their own decisions during the birth process, including medicated or unmedicated delivery; freedom to move about and assume a comfortable position; and the option to walk, eat, shower, use a birth ball, labor in a tub, or have a waterbirth.

POSTPARTUM CARE:

Once your baby has arrived, you can plan on:

- Help to initiate breastfeeding
- Daily hospital visits by a nurse midwife
- 2-week and 6-week postpartum visits