UNI Psychology Internship Staff Roster

The University Neuropsychiatric Institute’s (UNI’s) professional staff includes ten licensed psychologists who are direct supervisors for the internship program, and seven licensed psychologists who fulfill other roles related to the internship. Psychology staff members participate and support the internship training program in a variety of ways. They may provide individual intern supervision and mentoring, participate in didactic training and seminars, provide consultation, contribute to psychology staff meetings and treatment team rounds, host case conferences, participate as members of the Psychology Training Committee and/or assist with ongoing program evaluation.

Brian Augustyn, Ph.D.
Carol Ballou, Ph.D. (Supervisor)
Loma Benjamin, Ph.D.
Elaine Clark, Ph.D. (Supervisor)
Julia Connelly, Ph.D.
Matt Davis, Ph.D.
Britt Holmes, Psy.D. (Supervisor)
Cristina Hudak, Ph.D. (Supervisor)
Tony Kemmochi, Psy.D. (Supervisor)
Richard (Rick) Merideth, Ph.D. (Supervisor)
Amanda R. Miller, Psy.D. (Supervisor)
Tiffani Morgan, Psy.D. (Supervisor)
Marc Porritt, Ph.D.
Christopher J. (C.J.) Powers, Ph.D. (Supervisor)
Deanna Reilly, Ph.D. (Supervisor)
Allison Smith, Ph.D. (Supervisor)
Amanda Stoeckel, Ph.D. (Supervisor)
Sandra Whitehouse, Ph.D. (Supervisor)
Lindsay Wilson-Barlow, Ph. D. (Supervisor)

Brian Augustyn, Ph.D.
Dr. Brian Augustyn received his Ph.D. in Clinical Psychology from Biola University - Rosemead School of Psychology and completed his internship and postdoctoral hours at the University of Utah Neuropsychiatric Institute. Dr. Augustyn trained in a variety of clinical settings, including inpatient, outpatient, day treatment, medical centers, and specialized schools, with a background providing ABA discrete trial behavioral modification. His clinical work focuses primarily on therapy and psychological assessment with children, adolescents, and their families, with an emphasis in the areas of mood disorders, anxiety disorders, and autism spectrum disorder, while also providing support on the adult inpatient units as well. Dr. Augustyn also has a background in the integration of spirituality
and psychology and has been published and presented research in this area. His theoretical orientation focuses primarily on approaches emphasizing cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), and other behavioral or solution-focused interventions. Dr. Augustyn has an adjunct faculty appointment at the University of Utah Department of Psychiatry, and is involved with the DBT consultation group, clinical documentation audit committee, inpatient hospital ethics committee, interview committee for the School of Medicine, supervising psychiatry resident, and teaching didactics for the psychology interns and psychiatry residents.

**Carol Ballou, Ph.D.**

Dr. Carol Ballou is a licensed psychologist who received her Ph.D. from the University of Utah's School Psychology Program. She has worked with the child and adolescent programs at the University Neuropsychiatric Institute for more than ten years, and currently balances her work at UNI with a private practice in psychology. Although her primary assignment was with the youth services programs, her training and experience also includes work with adults. Dr. Ballou has interests in family therapy, psychological assessment and diagnosis of serious psychopathology in children and adolescents. She has adjunct faculty appointments at the University of Utah in the Department of Educational Psychology and the Department of Psychiatry. Dr. Ballou provides PRN and weekend call coverage for the youth inpatient and day treatment programs, serves as a direct intern supervisor, participates in didactic training, and is a member of the Training Committee.

**Lorna Benjamin, Ph.D.**

For many years, Lorna Benjamin, Ph.D., FDHC, was Professor of Psychiatry, University of Wisconsin-Madison. There, in addition to teaching psychopathology and psychotherapy to Psychiatry residents and Psychology interns, she had a large clinical practice. Now Professor of Psychology and Adjunct Professor of Psychiatry at the University of Utah, she teaches Interpersonal Reconstructive Therapy (IRT) to Psychology graduate students in the IRT clinic at the University Neuropsychiatric Institute. The approach systematically integrates cognitive behavioral, client centered and psychodynamic therapy approaches to be helpful to the CORDS (Comorbid, Often Rehospitalized, Dysfunctional and Suicidal) population. IRT also is effective with "standard outpatients," but this training concentrates on "the forgotten ones," those who are too complicated and too ill to be included in Randomized Control Trials. The clinic has a research protocol that assesses effectiveness, and it includes standard symptoms measures (e.g., BDI-II, BAI, SCID I and II) as well as assessments of social interactions and "internalized representations of important others" are via Structural Analysis of Social Behavior (SASB). For her work with SASB, Dr. Benjamin received an honorary degree from the University of Umea, Sweden. Professor Benjamin is the author of Interpersonal Diagnosis and Treatment of Personality
Disorders, 2nd Ed. (Guilford Press, hardcover 1996; paperback 2003) and Interpersonal Reconstructive Therapy (IRT): an integrated personality based treatment for complex cases (Guilford Press, hardcover, 2003; paperback, 2006). Dr. Benjamin serves as a consultant to the Psychology Training Program and hosts a monthly case conference series that the interns are welcome to attend.

Elaine Clark, Ph.D.
Dr. Elaine Clark is a licensed psychologist at UNI and professor and Dean of the College of Education at the University of Utah. She received her Ph.D. in School Psychology from Michigan State University in 1982 and a Ph.D. in Clinical Psychology from BYU in 1988. She is actively involved with professional organizations at a state and national level. Dr. Clark’s primary teaching and clinical interests are in the assessment and treatment of individuals with psychiatric disorders and neurological conditions. Her theoretical orientation is grounded in both cognitive-behavioral and psychodynamic theory. Dr. Clark serves as a primary supervisor within the internship program, is a member of the Psychology Training Committee, and provides didactic trainings to the interns on psychological and neuropsychological assessment.

Julia Connelly, Ph.D.
Dr. Connelly is the Clinical Director of the University Autism Spectrum Disorder Clinic, clinical faculty in the Department of Psychiatry, a licensed psychologist and a consulting staff member. She received her Ph.D. in School Psychology from the University of Utah. She completed her doctoral internship at UNI and her postdoctoral residency at UNI and within the UNI HOME program, which specializes in providing treatment for DDMR and PDD spectrum populations. She also completed an internship in the Salt Lake City schools and worked as a school psychologist within the Jordan School District of Salt Lake City for several years. Dr. Connelly’s primary clinical interests are in the assessment and treatment of individuals from the DDMR and PDD spectrum populations. She currently provides PRN and weekend call coverage to the youth inpatient and day treatment programs, participates in the didactic training of interns, and serves as a consultant to the Psychology Training Program. Dr. Connelly hails from East Germany and is bilingual (German and English).

Matt Davis, Ph.D.
Dr. Matt Davis received his Ph.D. in Counseling Psychology from the University of Utah and completed his postdoctoral residency at The University Neuropsychiatric Institute in 2010. He is a research assistant professor with the Social Research Institute and Utah Criminal Justice Center at the University of Utah. His research focuses on developing evaluation methods for improving the quality of social service programs and creating internet based practice
methods for increasing therapeutic skill. His primary clinical interests include assessment and treatment of adolescents and adults who have not responded to treatment, using an interpersonal, attachment-based perspective. Dr. Davis also is an avid skier and cyclist who completes the Logan to Jackson ride each year. Dr. Davis participates in the didactic training of the interns.

**Britt Holmes, Psy.D.**
Dr. Britt Holmes received her Psy.D. from Palo Alto University through the PGSP-Stanford Psy.D. Consortium. She completed her internship and postdoctoral hours at the University Neuropsychiatric Institute. Dr. Holmes trained in a range of clinical settings, including inpatient, outpatient, and forensic facilities. Her focus is with patients with serious mental illness, and her primary clinical interest is assessment and differential diagnosis. Dr. Holmes has extensive experience with psychological testing, including with the ADOS, Rorschach, and integrated test batteries. Therapeutically, she works from a cognitive-behavioral approach. Dr. Holmes has an adjunct faculty appointment at the University of Utah Department of Psychiatry and is credentialed by the National Register of Health Service Psychologists. She serves as a primary supervisor within the internship program, the department Technology and Testing Coordinator, and on the Psychology Training Committee.

**Cristina Hudak-Rosander, Ph.D.**
Dr. Cristina Hudak-Rosander received her Ph.D. in clinical psychology with a specialization in children and families from the University of Utah and completed her internship and postdoctoral residency at the University Neuropsychiatric Institute. Her body of graduate work focused on understanding the connection between childhood trauma and juvenile delinquency and she continues to have a clinical interest in addressing underlying effects of trauma that may be contributing to adolescent problem behaviors. She has completed training in Trauma Focused-Cognitive Behavioral Therapy and primarily integrates CBT and DBT into her clinical work, although she draws from interpersonal and psychodynamic theories when conceptualizing cases. Dr. Hudak-Rosander is currently a licensed psychologist in the Teenscope Intensive Day Treatment/Partial Hospitalization program and has an adjunct faculty appointment in the University of Utah Department of Psychiatry.

**Dr. Tony Kemmochi, Psy.D.**
Dr. Tony Kemmochi obtained his doctoral degree from the American School of Professional Psychology in the San Francisco Bay Area where he received culturally rich training in one of the most diverse communities in the world. His treatment approach is based on Control Mastery Theory, an innovative theoretical orientation that combines Psychodynamic, Humanistic, and Cognitive Behavioral Therapy. As a bilingual immigrant, he is mindful of multicultural factors that impact our experience in the world. He has worked
with highly diverse clientele such as immigrants, children of immigrants, oppressed racial minorities, multiracial individuals, individuals with various sexual orientations and gender identities, youth to senior individuals, and people of various socioeconomic statuses. He is well versed in the treatment of mild to severe mental disorders such as identity struggles, culture-bound syndromes, depression, anxiety, trauma, developmental disorder, substance abuse/dependency, cognitive disorders, psychotic disorders, and personality disorders. While he incorporates evidence-based treatments, he recognizes the importance of practice-based evidence, especially when working with underserved populations who have been overlooked by the mainstream research.

Richard (Rick) Merideth, Ph.D.
Dr. Rick Merideth received his PhD in Clinical Psychology from Brigham Young University (BYU). He received specialized training at BYU in conducting autism assessments and learning disability evaluations for college students. He completed his clinical internship at Valley Mental Health in Salt Lake City working with children, adolescents, and adults with a variety of mental illnesses and cultural backgrounds. He is bilingual (Spanish) and specializes in working with Hispanic populations in both therapy and assessment.

Amanda R. Miller, Psy.D.
Dr. Amanda Miller is the manager of the Teenscope Intensive Day Treatment / Partial Hospitalization Program. She received her Psy.D. in Clinical Psychology from Baylor University and completed her postdoctoral residency at The University Neuropsychiatric Institute. She has provided psychological services to the adolescent and child units (i.e., individual and family therapy and psychological assessment). Dr. Miller also has extensive training and experience with adults in a variety of clinical settings. Her conceptual orientation is grounded in psychodynamic theory, though she utilizes an integrative approach tailored to the setting and needs of the patient. Dr. Miller serves as a primary supervisor within the internship program and is a member of the Psychology Training Committee.

Tiffani Morgan, Psy.D.
Dr. Tiffani Morgan received her Psy.D. from Indiana University of Pennsylvania. She earned a B.S. in psychology at the University of Utah and a Masters degree in family therapy at Antioch University Seattle. Dr. Morgan’s doctoral internship was at the Utah State Hospital, and she completed postdoctoral hours in residential treatment and neuropsychological assessment. Dr. Morgan has experience in a variety of inpatient and outpatient settings with children, families, and adults and has also worked extensively with the geriatric population in skilled nursing facilities. She provides psychological services (individual and family therapy and psychological assessment) primarily to the child and adolescent inpatient program at UNI. Therapeutically, she utilizes
cognitive-behavioral and family systems approaches. Dr. Morgan has an adjunct faculty appointment at the University Of Utah Department Of Psychiatry. She serves as a primary supervisor within the internship program, and is a member of the Psychology Training Committee.

Marc Porritt, Ph.D.
Dr. Marc Porritt received his PhD in Clinical Psychology from Loma Linda University with a formal specialization in neuroscience and neuropsychology. His clinical emphasis is assessment and treatment of developmental disorders and severe psychopathology in adults and children. He completed his clinical internship at Valley Mental Health in Salt Lake City assisting in homeless outreach to the severe and persistently mentally ill and providing a wide range assessments to adults and children across the valley system. He also completed a post-doctoral residency in adult inpatient mental health at the University Neuropsychiatric Institute. Dr. Porritt provides services on adult and child units at UNI. He works primarily from a cognitive behavioral orientation with emphasis on mindfulness based “third wave” treatment such as Acceptance and Commitment Therapy (ACT) and Dialectic Behavioral Therapy (DBT).

Christopher J. (C.J.) Powers, Ph.D.
Dr. CJ Powers is the Director of Psychology Training at The University Neuropsychiatric Institute. He received his PhD in Clinical Child Psychology from the Pennsylvania State University, and completed his internship and post-training at Geisinger Medical Center, in Danville, PA. He is a Staff Psychologist on the Child and Adolescent Inpatient Units at the University Neuropsychiatric Institute. He also serves as a primary supervisor within the internship program and leads the Psychology Training Committee. Dr. Powers specializes in working with teenagers (and their families) with mood disorders and conduct problems. His primary treatment approaches include cognitive behavioral orientation (CBT), Acceptance and Commitment Therapy (ACT) and Dialectic Behavioral Therapy (DBT). Dr. Powers is also the Principal Investigator for an outcome research project that is examining the efficacy of the Teenscope Day Treatment Program. He has extensive research experience and has presented findings in national conferences and published in international peer-reviewed journals. He is also a Psychiatry Resident Supervisor and is on the Interview Committee for the School of Medicine.

Deanna Reilly, Ph.D.
Dr. Deanna Reilly graduated from Texas A&M University, received her Ph.D. in Clinical Psychology from the University of Texas Southwestern Medical Center, and completed extensive postdoctoral training in neuropsychological assessment. Dr. Reilly holds adjunct faculty appointments in the Department of Educational Psychology and the Department of Psychiatry at the University of Utah. She serves as a primary supervisor within the internship program, and is a
member of the Adult Leadership Group which makes management decisions for the adult units. Her clinical work at the Neuropsychiatric Institute is primarily focused on providing psychological services to the adult units (i.e., individual, couples, and family therapy, and cognitive and psychological assessment). Conceptually, she subscribes to psychodynamic and interpersonal theoretical orientations, but uses an integrative clinical approach based on the setting and needs of the patient.

**Allison Smith, Ph.D.**
Dr. Allison Smith received her Ph.D. from Northern Illinois University with a focus on child clinical/developmental psychopathology. She trained in a variety of settings, including, inpatient, outpatient, group homes, and forensic settings, and she has therapy and assessment experience with both children and adults. She completed her internship and postdoctoral residency at the University of Utah Neuropsychiatric Institute. Dr. Smith’s focus is on youth and families experiencing serious mental illness. Conceptually she works from the perspective of developmental psychopathology and cognitive-behavioral therapy. Clinically she integrates cognitive-behavioral strategies, including dialectical behavior therapy (DBT) and Acceptance and Commitment Therapy (ACT) skills, based on the situation and needs of the patient. Dr. Smith has an adjunct faculty appointment in the University of Utah Department of Psychiatry and is a member of the Psychology Training Committee.

**Amanda Stoeckel, Ph.D.**
Dr. Amanda Stoeckel is a licensed psychologist and the Program Specialist for the Comprehensive Assessment and Treatment (CAT) Program at the University Neuropsychiatric Institute. She received her Ph.D. in School Psychology from the University of Northern Colorado and completed her clinical internship at the University Neuropsychiatric Institute. Dr. Stoeckel completed a postdoctoral fellowship at the VA Advanced Fellowship Program in Mental Illness Research at the VISN 19 MIRECC VA Salt Lake City Health Care System. She has an adjunct faculty appointment at the University of Utah Department of Psychiatry. Her focus is providing psychological services to youth and young adults within the CAT Program, and she has extensive training in psychological assessment. Dr. Stoeckel’s therapeutic orientation is typically based on cognitive-behavioral methodology.

**Sandra Whitehouse, Ph.D.**
Dr. Sandra Whitehouse is a licensed psychologist who is the Director of Psychology at The University Neuropsychiatric Institute and holds an adjunct faculty appointment in the Department of Psychiatry at the University of Utah. She also serves as a primary supervisor within the internship program, leads the Psychology Training Committee, and is a member of the Youth Leadership Group which makes management decisions for the youth inpatient unit. She
was educated at UCLA, Macquarie University (Sydney, Australia), and the University of Utah, where she received a Ph.D. in counseling psychology with advanced specialization in psychological assessment. She completed her doctoral internship at the UCSD-San Diego VAMC Consortium with rotations in acute child / adolescent inpatient, PTSD, and Dual Diagnosis Substance Abuse / Mental Illness populations. Research interests include healing aspects of hospital environments. Dr. Whitehouse works with children, adolescents and adults, with an eclectic orientation (cognitive behavioral and object relations emphasis).

Lindsay Wilson-Barlow, Ph. D.
Dr. Lindsay Wilson-Barlow received her Ph.D. in clinical psychology from Texas Tech University in Lubbock, TX. There, she developed broad interests in human development and behavior. As such, she received a breadth of clinical training in a variety of settings, including forensic, Veterans’ Affairs, inpatient and outpatient rehabilitation programs, and community mental health facilities. She completed a pre-doctoral internship at the Durham VA Medical Center (Durham, NC) and a post-doctoral fellowship at the SLC VA Healthcare system (SLC, UT). She recently joined UNI as a licensed psychologist who works primarily with inpatient youth. Of particular interest to Lindsay is case conceptualization of patients with complex clinical presentations. She was trained primarily under a cognitive-behavioral framework, and her current approach can best be described as “integrative”-- largely shaped by Evidence-Based Practices (CBT, DBT, ACT, interpersonal process) with a strong respect for humanistic factors.